

Curriculum Vitae – SOM

Melanie K. Bean, PhD, LCP

Professor
Virginia Commonwealth University School of Medicine
Department of Pediatrics
Co-Director, Healthy Lifestyles Center
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Areas of Expertise

Pediatric obesity prevention and treatment
Nutrition and obesity policy investigations
Adolescent and parenting interventions
School based health interventions
Design and conduct of behavioral clinical trials
Motivational interviewing
Behavioral and preventive medicine

Education

Post-Graduate

Postdoctoral Fellowship in Clinical Health Psychology, Department of Psychiatry, Virginia Commonwealth University, Richmond, VA (APA Accredited)
2007-2008

Graduate

Predoctoral Intern, Southwest Consortium Psychology Internship (New Mexico Veterans Affairs Hospital, Indian Health Services, University of New Mexico Hospital), Albuquerque, NM (APA Accredited)
2006-2007

PhD, Counseling Psychology, Specialization: Health Psychology, Virginia Commonwealth University, Richmond, VA (APA Accredited)
2004-2007

NCI T31 Pre-Doctoral Research Fellow in Cancer Control and Prevention, Massey Cancer Center, Virginia Commonwealth University, Richmond, VA
2004-2006

MS, Counseling Psychology, Virginia Commonwealth University, Richmond, VA (APA Accredited)

2002-2004

Undergraduate

BA, Psychology (Major); Spanish (Minor), University of Virginia, Charlottesville, Virginia
1996-2000

University of Sevilla, Sevilla, Spain, Fall, 1998

Certificate and Licensure

#0810004004, Virginia Board of Psychology, 10/29/2008-present

Appointment History

Academic Appointments

Professor, Division of Endocrinology and Metabolism, Department of Pediatrics, School of Medicine, Virginia Commonwealth University, Richmond, Virginia
2023-Present (Tenured, July 2025)

Director of Research, Division of Endocrinology and Metabolism, Department of Pediatrics, Virginia Commonwealth University, Richmond, Virginia
2020-Present

Affiliate Faculty, Child Health Research Institute, Children's Hospital of Richmond at VCU, Richmond, Virginia
2020-Present

Affiliate Faculty, Department of Psychiatry, School of Medicine, Virginia Commonwealth University, Richmond, Virginia
2020-Present

Affiliate Faculty, VCU Institute for Women's Health, Richmond, Virginia
2018-Present

Affiliate Faculty, VCU Center on Health Disparities, Richmond, Virginia
2017-Present

Associate Professor, Division of Endocrinology and Metabolism, Department of Pediatrics, School of Medicine, Virginia Commonwealth University, Richmond, Virginia
2015-Present

Co-Director, Healthy Lifestyles Center, Department of Pediatrics, Children's Hospital of Richmond at VCU, Richmond, Virginia
2012-Present

Full Member, Cancer Prevention and Control Program, VCU Massey Cancer Center, Richmond, Virginia

2009-Present

Assistant Professor, Division of Endocrinology and Metabolism, Department of Pediatrics,
School of Medicine, Virginia Commonwealth University, Richmond, Virginia
2008-2015

Employment

Postdoctoral Fellow, Department of Psychiatry, Virginia Commonwealth University
2007-2008

Psychology Intern, Southwestern Psychology Predoctoral Internship, Albuquerque, NM
2006-2007

Council Director, Girls on the Run of Chalkley Elementary School
2005-2006

Research Assistant, BRIDGE: Bridging the Gap to Better Health, Virginia Commonwealth
University
2004-2008

Graduate Research Assistant, Youth Tobacco Evaluation Project (Virginia Tobacco Settlement
Foundation), Virginia Commonwealth University
2002-2004

Research Assistant, Walking Counts! for Breast Cancer Survivors, Virginia Commonwealth
University
2003

Research Assistant, NCI-funded: Families in Behavioral Intervention for Risk Reduction Project
(FIBERR), Virginia Commonwealth University
2000-2002

Research Assistant, Hypertension Prevention in African American Youth, Virginia
Commonwealth University
2001-2002

Research Assistant, Goals for Health, Virginia Commonwealth University
2001

Awards and Honors

Top Doc: Pediatric Psychologist, Richmond Magazine, Voted by Peers, 2024

Mid-Career Leadership Institute Fellow, Society of Behavioral Medicine, 2024

Fellow, Society of Behavioral Medicine, 2023

National/International Recognition Award, Virginia Commonwealth University, 2023
*Recommended by dean based on national / international recognition and as a top
performer in academic unit*

Citation Award, "Excellent Paper Submission," Society of Behavioral Medicine, 2023

Meritorious Paper Award, Society of Behavioral Medicine, 2023

Top Doc: Pediatric Psychologist, Richmond Magazine, Voted by Peers, 2020

Citation Award, "Excellent Paper Submission", Society of Behavioral Medicine, 2019

National Institute of Child Health and Human Development, Loan Repayment Program
Renewal, Recipient, Competitively Selected, 2018-2020

Citation Award, "Excellent Paper Submission", Society of Behavioral Medicine, 2018

National Institute of Child Health and Human Development, Loan Repayment Program,
Recipient, Competitively Selected, 2016-2018

Travel Award, Children's Hospital Foundation, Competitively Selected, 2015

Citation Award, "Excellent Paper Submission", Society of Behavioral Medicine, 2011

Outstanding Counseling Psychology Student, Virginia Commonwealth University. Awarded to
one doctoral student annually; selection made by program faculty based on overall excellence
in scholarship and clinical work, 2006

Citation Award, "Excellent Paper Submission", Society of Behavioral Medicine, 2004

National Cancer Institute T31 Pre-Doctoral Cancer Control and Prevention Fellowship, 2004-
2006

Psi Chi National Honor Society, 1998-2000

National Dean's List, University of Virginia, 1997-2000

National Collegiate Scholar, University of Virginia, 1998

International Studies Abroad Scholarship, Competitively Selected to support study abroad in
Sevilla, Spain, 1998

Intermediate Honors, University of Virginia; awarded based on scholarship in first year of
attendance at UVA, 1997

Professional Memberships

Leadership Roles

Topic Chair, Health Communication and Policy, Society of Behavioral Medicine
2022-2025

Advisory Board, Child and Family Health SIG, Society of Behavioral Medicine, 2023-present

Chair, Child and Family Health SIG, Elected Role, Society of Behavioral Medicine
2020-2023

Advocacy Council (formerly Health Policy Committee), Society of Behavioral Medicine
2020-present

Child Nutrition Ambassador, Society of Behavioral Medicine
2020-2023 (remain a consultant and mentor to ambassadors)

Awards Selection Committee, Child and Family SIG, Society of Behavioral Medicine Annual Meeting
2019-2024

Membership Roles

Society of Behavioral Medicine
2004-present

The Obesity Society
2010-2020

MINT, Motivational Interviewing Network of Trainers
2014-Present

Virginia Chapter of the American Academy of Pediatrics Obesity Task Force
2011-Present

Richmond Academy of Medicine
2008-Present

American Psychological Association
2004-2008

Scholarly Activities

Grants and Contracts: Active

Principal Investigator

NIH R01DK144911 (MPI: Bean / Barkin) 08/05/2025-07/31/2030

Title: *Virtual Housecalls: Redesigning Pediatric Primary Care Adolescent Obesity Treatment*

This pragmatic randomized clinical trial tests a novel intensive health behavior and lifestyle intervention, conducted via telehealth, to treat class I adolescent obesity in pediatric primary care. Results will inform scalable approaches that meet the recommended treatment dose and effectively treat obesity in this setting.

Role: PI

Total Costs: \$3,851,042 (Direct: \$2,524,903; Indirect: \$1,326,139)

NIH R01HD114792 (MPI: Bean / Brickhouse) 08/01/2024-07/31/2029

Title: *Advancing Water Security: A Community Participatory School-Based Hydration Intervention*

This investigation partners with local elementary schools to conduct a community participatory hydration intervention that includes 1) social marketing, 2) behavioral reinforcement, and 3) education and outreach, within a school district that has newly installed hydration stations and a model hydration policy.

Role: PI

Total Costs: \$3,232,950 (Direct: \$2,082,415; Indirect: \$1,150,535)

Child Health Research Institute (MPI: Bean / Mazzeo) 08/01/2024-01/30/2026

Long-term effects of Family-Based Adolescent Obesity Treatment on Eating Pathology Risk

This investigation will conduct assessments with adolescents and parents up to 3 years after participating in two distinct family-based behavioral weight loss treatments and compare the protective effect of these treatments on eating disorder risk as adolescents progress through adolescence into emerging adulthood. Results of this investigation will enhance alignment between eating disorder prevention and obesity treatment and identify parent factors that are protective against eating pathology in this high-risk group.

Role: PI

Total Costs: \$50,000

Children's Hospital Foundation (MPI: Bean/Wickham) 07/01/2019-06/30/2027

Title: *A Comprehensive Pediatric Obesity Treatment and Research Center*

This grant sustains the comprehensive center, and includes piloting a patient navigator to address retention in obesity treatment, enhanced training of clinician scientists with focus on bridge to NIH K awards, participation in POWER, and establishment of an obesity medicine fellowship. The Healthy Lifestyles Center conducts both clinical and research endeavors in pediatric obesity, including lifestyle modification and bariatric surgery.

Role: Co-director

Total Costs (Direct): \$2,393,031

Collaborating Investigator

NIH / R01DK140677A (PI: Adams) 7/1/2024-6/30/2029

Title: *Increasing use of a SNAP fruit and vegetable incentive program for families with food insecurity*

This study will leverage pediatric clinics to increase awareness of a SNAP F&V incentive program in South Carolina and implement strategies to increase uptake of this program to improve parent-child diet quality and food and nutrition insecurity.

Role: Investigator

Total Costs: \$3,764,844

NIH UM1TR004360 (PI: Moeller) 05/01/2023-04/30/2030

Title: *Wright Regional Center for Clinical and Translational Science*

The Wright Regional Center for Clinical and Translational Science (Wright Regional CCTS) is a collaboration of partner institutions that serves regions of Virginia and North Carolina. Partners include Virginia Commonwealth University, Virginia State University, Eastern Virginia Medical School, and Old Dominion University. Our overall goal is to develop methods that overcome roadblocks in clinical and translational science (CTS) to support equitable advancement of translational science across our rural and diverse region that can be deployed throughout the CTSA network.

Role: Investigator; Lead, Resources and Services Module

Total Costs: \$27,500,000

Mentored

NIH K23MH137567 (PI: Hagan)

05/01/2025 – 04/30/2029

Title: Charting the Development of Exploration in Adolescent Bulimia Nervosa: A Neurocomputational Approach

This project tests the hypothesis that adolescent bulimia nervosa is characterized by the altered development of exploration strategies and associated neural circuitry using an accelerated longitudinal design. Cohorts of early (aged 12-15), middle (aged 14-17), and late (aged 16-20) adolescent girls with and without bulimia nervosa will complete a bandit task that uses computational modeling to parse exploration strategies during fMRI scanning to decipher the neural correlates of exploration strategies. At 1- and 2-year follow-ups, adolescents will remotely complete the bandit task and clinical measures to examine developmental shifts in exploration strategies and their cross-sectional and prospective associations with bulimic symptoms.

Role: Mentor

Amount: \$754,580

K12 AR084233 (PI: Kornstein)

06/15/2022 – 04/30/2027

Building Interdisciplinary Research Careers in Women's Health (BIRCWH)

BIRCWH Scholar: Kelsey Hagan

Project Title: *Neurocomputational Markers of Risky Decision-Making in Young Women with Bulimia Nervosa*

Role: Scientific Mentor

Children's Hospital Foundation Pilot Funding (PI: Garr)

07/01/2024-12/30/2025

Title: *Real world assessment of adolescent eating patterns.*

This application applies Ecological Momentary Assessment and qualitative interviews to characterize adolescent eating patterns and inform intervention development.

Role: Mentor

Total Costs: \$10,000

P50MD017319 Center for Research, Health, and Social Justice (PI: Cornell/Fagan/Peebles)

Pilot Subproject (PI: Tatum)

3/1/2024-2/28/2026

Title: *Exploring the role of Social Drivers of Health on Quality-of-Life Outcomes in Adolescent and Young Adult Cancer Survivors*

This application convenes a Community Advisory Board and conducts qualitative interviews with Black adolescent and young adult cancer survivors to identify key social drivers of quality of life to inform intervention development.

Role: Mentor

Total Costs: \$50,000

NIH / NIMH K23MH134111 (PI: Pham)

04/01/2024-03/31/2029

Title: *Using youth-engaged research methods to develop and evaluate a measure of disordered eating in transgender and gender-diverse youth*

Transgender and gender-diverse (TGD) youth are at higher risk of disordered eating behaviors in comparison to cisgender youth and engage in disordered eating behaviors (DEB) for unique factors related to their gender dysphoria, yet there are no specific measures tailored to this population. This Career Development Award will implement community-engaged research methods to improve recruitment of subpopulations of TGD youth who have historically been

excluded from research and then develop and evaluate a culturally specific DEB measure using a high degree of TGD youth input. This proposal will advance the clinical practice for a highly stigmatized population by developing a measure that will inform interventions for specific behaviors, attitudes, and cognitions that contribute to DEB in TGD youth.

Role: Mentor

NIH K23DK131368A1 (PI: Caccavale)

07/01/2022-06/30/2027

Title: *Improving Transition Care for Adolescents and Young Adults with Type 1 Diabetes: A Randomized Controlled Trial of SHIFT2*

This is a pilot RCT investigating the impact of a multisystem, technology-mediated transition preparation intervention for adolescents and young adults (ages 16-22) with type 1 diabetes. The goal of the proposed trial is to improve diabetes self-management and glycemic control in adolescents and young adults and prepare them for the transition to adult endocrinology. Results will inform clinical practice guidelines and lay the foundation for a fully powered RCT, with the long-term goal to develop a fully sustainable transition program.

Role: Primary Mentor

Total Costs: \$706,455

NIH / NCCIH K23AT011049-01 (PI: Cotter)

08/01/2020 07/31/2025

Title: *Reducing Maternal Stress to Improve Obesity-related Parenting Practices*

This career development award focuses on training and research related to obesity prevention and stress reduction in Latinx mothers.

Role: Mentor

Grants and Contracts: Pending Review

Principal Investigator

American Cancer Society Discovery Boost Grant (PI: Bean)

04/01/2026-03/31/2028

Title: *Lifestyle intervention to reduce systemic AGE in emerging adult women: a novel approach to reduce risk for early-onset breast cancer*

Advanced glycation end products (AGEs) have been identified as cancer biomarkers, implicated in the development and progression of breast cancer, and potentially modifiable with lifestyle intervention. We translate pre-clinical and epidemiological findings into a randomized clinical trial to examine how a low-AGE diet, physical activity, or a combined low-AGE diet and physical activity intervention impacts AGE-related biomarkers in emerging adult women with overweight and obesity. This mechanistic pilot will yield the first clinical data demonstrating how diet and physical activity impact circulating and excreted AGEs and the potential AGE-reducing processes responsible. Results will inform a fully-powered trial designed to reduce AGE-related cancer biomarkers to lower breast cancer risk in emerging adult women.

Role: PI

Total Costs: \$297,000

Grants and Contracts: Past

Principal Investigator

NIH R21HD105906A1 (PI: Bean)

04/01/2022-03/31/2025 (NCE)

Title: *Exploring the Familial Reach of Adolescent Obesity Treatment*

This application examines family-level changes to the home feeding and weight environment of adolescents in family-based obesity treatment (R01HD095910), including weight changes of non-targeted children and caregivers. Results will inform a conceptual model to be executed in a subsequent trial, that directly targets family-level variables to optimize adolescent – and other family member – weight outcomes, enhancing the public health impact.

Role: PITotal Costs: \$460,972 (Direct: \$300,646; Indirect: \$159,737)

VCU School of Medicine, Bridge Funding (PI: Bean)

09/01/2023-08/31/2024

SOM Bridge funding to support the collection of long-term follow-up data from the TEENS+ Randomized Clinical Trial, to avoid interruption of data collection required to support an extramural application to NIH.

Total Costs: \$32,000

NIH R01HD095910-01A1 (PI: Bean)

01/15/2019-12/31/2024 (NCE)

Title: *The Role of Parents in Adolescent Obesity Treatment: Randomized Controlled Trial of TEENS+*

This is a randomized, technology-mediated clinical trial comparing two distinct parent approaches within adolescent obesity treatment, and examining the impact of these approaches on adolescent weight loss maintenance. Further, it examines mechanisms of action to explain parents' impact on adolescents' weight loss maintenance.

Role: PITotal Costs: \$3,138,067 (Direct: \$2,423,826; Indirect: \$1,358,626)

NIH 1R01HD098732-01 (PI: Bean)

03/21/2019-12/31/2024 (NCE)

Title: *Impact of Salad Bars on Dietary Consumption Patterns in Elementary School Students*

This application is conducting a wait list control, cluster randomized controlled trial, to investigate the impact of salad bars on fruit, vegetable, and energy intake in elementary schools. A detailed process evaluation, including examination of NSLP participation and sales data, to inform sustainability of salad bar programs. Outcomes will also be examined by school-level factors of race/ethnicity and Title I status.

Role: PITotal Costs: \$2,469,560 (Direct: \$1,831,951; Indirect: \$800,269)

Child Health Research Institute (MPI: Bean / Brickhouse)

02/01/2023-07/31/2024

Title: *Addressing root causes of under-hydration in RPS: A stakeholder collaborative pilot study*

This application conducts extensive formative work, including conducting meetings of our Community Advisory Board and piloting a school-based hydration intervention to examine its feasibility and acceptability. Results will inform an external application of a large scale RCT to optimize hydration in school.

Role: PITotal Costs: \$50,000

Child Health Research Institute (MPI: Bean/Brickhouse/Adams) 07/01/2021-06/30/2023
Title: *Evaluating the American Rescue Plan Child Tax Credit Expansion on Child Health Outcomes*

This application evaluates how the expanded child tax credit impacts food security and child health outcomes.

Role: PI

Total Costs (Direct): \$50,000

NASCAR Speediatrics (MPI: Bean/Wickham) 01/01/2022-12/31/2022

Title: *Pediatric obesity education and treatment*

Provides support for group-based pediatric obesity education and treatment in the Healthy Lifestyles Clinic.

Role: PI

Total Costs (Direct): \$24,913

Kohl's Cares (MPI: Bean / Wickham) 08/01/2020-07/31/2021

Title: *Enhancing Access to Obesity Treatment*

This grant continues support for 1) obesity prevention community education campaign, 2) patient navigator program to enhance access to obesity treatment, 3) group-based treatment of pediatric obesity.

Role: PI

Total: \$125,000

VCU COVID-19 Rapid Research Funding (MPI: Bean / Adams) 05/01/2020-11/31/2020

Title: *Impact of the COVID-19 pandemic on household food environments and child feeding practices*

This investigation will conduct a longitudinal survey to examine how food security, the home food environment, child feeding practices, and parent stress are impacted by COVID-19, informing public health efforts to reduce the deleterious impact of this pandemic on obesity.

Role: PI

Total: \$10,000

Kohl's Cares (MPI: Bean/Wickham) 08/01/2019-07/31/2020

Title: *Enhancing Access to Obesity Treatment*

This grant provides support for 1) obesity prevention community education campaign, 2) pilot of patient navigator to enhance access to obesity treatment, 3) group-based treatment of pediatric obesity.

Role: PI

Total: \$125,000

NIH 1R21HD084930-01A1 (PI: Bean) 12/09/2015-11/30/2018

Title: *Improving Adolescent Obesity Treatment: Exploring the Role of Parents*

This application proposes to examine the feasibility and preliminary efficacy of two novel strategies for engaging parents within a family-based adolescent obesity treatment, which includes an integration of motivational interviewing with a dietary approach using calorie goals.

Role: PI

Total Costs: \$419,375 (Direct: \$275,000; Indirect: \$144,375)

NIH 1R03HD088985-01 (Bean, PI) 08/01/2016-07/31/2018

Title: *The Impact of Salad Bars on Fruit, Vegetable, and Energy Intake in Elementary Schools*

This application will empirically investigate the role of salad bars on fruit and vegetable intake on two matched, randomly selected Title I schools operating under the National School Lunch Program. Further, it will examine the relation between fruit and vegetable intake and overall caloric intake within this meal. Results will inform school nutrition policy and obesity prevention.

Role: PI

Total Costs: \$152,500 (Direct: \$100,000; Indirect: \$52,500)

Children's Hospital Foundation (MPI: Bean / Wickham) 07/01/2012-06/30/2018

Title: *A Comprehensive Pediatric Obesity Treatment and Research Center*

This grant established and supports a comprehensive center, conducting both clinical and research endeavors in pediatric obesity, including lifestyle modification and bariatric surgery. Funding also supported a pilot trial of the laparoscopic gastric plication for adolescents and young adults with severe obesity.

Role: Co-director

Total Costs: \$1,178,000

VCU Patient/Family Engagement Grant 04/01/2015-08/30/2016

Title: *Transition from Pediatric to Adult Care for Patients with Type 1 Diabetes*

This application will conduct formative work towards developing a type 1 diabetes transition program

Role: PI

Total Costs: \$5,000

Hope on Wheels Award (unnumbered) 03/01/2013-02/28/2016

Title: *Effect of Non-pharmacologic Interventions on Risk Factors for Cardiovascular Disease in Survivors of Childhood Cancer*

The goal of this pilot study is to examine the feasibility, acceptability and preliminary efficacy of a lifestyle intervention that is rooted in motivational interviewing on weight change and cardiovascular risk factors childhood survivors of cancer.

Role: PI (transferred from Helou)

American Heart Association 13CRP1457008 (Bean, PI) 01/01/2013-12/31/2015

National Clinical Research Program

Title: *Motivational Interviewing in NOURISH for Parents of Overweight Children*

The purpose of this study is to investigate the feasibility and efficacy of an adjunctive motivational interviewing treatment to the randomized controlled trial of NOURISH (Nourishing Our Understanding of Role modeling to Improve Support and Health; R01HD066216, PI, Mazzeo)

Role: PI

Total Costs: \$154,000 (Direct: \$140,000; Indirect: \$14,000)

Children's Hospital Foundation Research Fund (PI: Bean) 07/01/2014-06/30/2015

Title: *Developing a Home-Based Obesity Intervention for Low Income Preschoolers*

The purpose of this study is to work with our community partners from CHIP of Virginia to develop an in-home pediatric obesity intervention for low income families. Results will inform a subsequent application to evaluate this program in an RCT

Role: PI

Total Costs (Direct): \$5,000

Children's Hospital of Richmond at VCU, Departmental Award 01/13/2012

Title: *Healthy Lifestyles Clinic Patient Resources*

Awarded funds to purchase patient resources to enhance the patient experience at the Healthy Lifestyles Clinic at CHoR.

Role: PI

Total Costs (Direct): \$5,000

MCV Auxiliary Grant 05/03/2012- 05/03/2013

Title: *Initiation of a Diagnostic Psychological and Cognitive Assessment Clinic for the Comprehensive Pediatric Obesity Treatment Center at Children's Hospital of Richmond at VCU.*

Role: PI

Total Costs (Direct): \$16,385

Children's Miracle Network (Bean, PI) 05/24/2012-05/23/2013

Title: *Healthy Lifestyles Clinic Patient Resources for the Comprehensive Pediatric Obesity Treatment Program at CHoR at VCU*

Received funding to support patient resources for the comprehensive pediatric obesity treatment and research program, including pedometers and patient educational materials.

Role: PI

Total Costs (Direct): \$2,845

Children's Miracle Network (Bean, PI) 02/01/2011-01/31/2012

Title: *Transitioning Adolescents with Type 1 Diabetes into Adulthood*

The purposes of this clinical research study are to conduct focus groups, provide peer support, and provide psychoeducation to adolescents with Type 1 Diabetes to prepare them for transition into adulthood. We will examine the psychological, psychosocial, and educational needs of this high-risk population.

Role: PI

Total Costs (Direct): \$5,000

American Cancer Society: PFT-08-144-01-CPPB (Bean, PI) 07/01/2008-09/30/2011
Postdoctoral Fellowship Training Grant

Title: *MI Values: A Motivational Interviewing Intervention for Pediatric Obesity*

Mentored postdoctoral award in cancer control and prevention focused in obesity research. The goals of this study were to investigate the feasibility and efficacy of adding a randomized, controlled motivational interviewing intervention into an existing multidisciplinary pediatric obesity treatment program.

Mentors: Suzanne Mazzeo, PhD, Marilyn Stern, PhD, Deborah Bowen, PhD

Role: PI

Total Costs: \$138,000

Chesterfield Department of Health (Bean, PI)

06/01/2004-05/31/2006

Title: *Girls on the Run of Chalkley Elementary School*

The purpose of this study was to implement and evaluate Girls on the Run, a life-skills running intervention for 3rd-5th grade girls. Served as council director and liaison to the national office for Girls on the Run of Chalkley. Developed and implemented an evaluation of this program, guided by Social Cognitive Theory, to examine psychosocial and behavioral factors affected by participation in the program.

Role: PI

Total Costs: \$2,000

Collaborating Investigator

NIH P30 CA016059 (PI: Winn)

05/2023-04/2025

Title: Massey Cancer Center—Cancer Center Support Grant

Role: Co-Investigator, Faculty Cancer Champion Liaison

Total Costs: \$12,745,505

Children's Hospital Foundation Research Fund (PI: Caccavale) 07/1/2021-06/30/2023 (NCE)

Title: *A mixed-methods approach to evaluating long-term outcomes of adolescent obesity treatment: Advancement towards a chronic care model*

This application extends follow up from the TEENS+ trial (R01HD095910) and conducts semi-structure interviews to evaluate the long-term outcomes of adolescent obesity treatment and inform the development of an approach to transitioning adolescents with obesity into emerging adulthood, while optimizing obesity outcomes and mitigating health risks.

Role: Investigator

Total Costs (Direct): \$8,035

UL1TR002649 (PI: Moeller)

05/08/2019 – 04/30/2023

Title: *Center for Clinical and Translational Research*

This is the Clinical and Translational Science Award for Virginia Commonwealth University. It provides infrastructure for clinical and translational research, including informatics, community engagement, and translational workforce development. The Center also supports participant recruitment into clinical trials.

Role: Investigator; Co-lead, Research Capacity Hub

Total Costs: \$19,143,095

NIH / NIDDK R01DK103668 (PI: LaRose)

09/01/2014–08/31/2020

Title: *Low Intensity Weight Loss for Young Adults: Autonomous vs. Extrinsic Motivation*

This is a randomized controlled trial testing the relative efficacy of two novel low intensity weight loss programs for 18-25 year olds and a standard web-based treatment. One approach is grounded in Self-Determination Theory and designed to promote autonomy and intrinsic motivation, and the other approach is based on principles of behavioral economics and is designed to promote increased adherence to behavioral goals through the use of small

monetary incentives. All arms will be compared on initial weight loss and maintenance following a no-treatment contact period.

Role: Investigator

Total Costs: \$3,531,253 (Direct: \$2,343,192; Indirect: \$1,208,060)

NIH 1R21HD090448-01A1 (Wickham, PI)

08/02/2017-06/30/2020

Title: *The Role of High Intensity Interval Training in the Treatment of Adolescent Obesity*

This application compares high intensity interval training (HIIT) to continuous moderate intensity training and evaluates the feasibility and preliminary efficacy of HIIT when implemented within an adolescent obesity treatment.

Role: Investigator

Total Costs: \$426,250 (Direct: \$275,000; Indirect: \$151,250)

Massey Cancer Center Pilot Project (PI: Thomson)

02/01/2016-04/01/2018

Title: *Addressing Modifiable Breast Cancer Risk Factors with Project CONNECT [Connect Online to Engage Tool]*

The purpose of this grant is to capture women at a point of heightened motivation for health behavior change, post-mammography screening, and implement a fully automated intervention platform designed to enhance intrinsic motivation and increase physical activity.

Role: Investigator

VCU Community Engagement Grant (PI, Mazzeo)

07/01/2016-06/30/2017

Title: *MITI Meals*

This application piloted a community engaged approach to capacity building regarding cooking skills and family meal planning in low income households.

Role: Investigator

NIH / NICHD –1R03HD080938 (PI: Mazzeo)

07/01/2014-06/30/2016

Title: *Improving Diet via a School Cafeteria Intervention: Optimizing NSLP Policy Impact*

The purpose of this study is to investigate the perceptions and effects of modifications to the National School Lunch Program in Title 1 elementary schools, and to conduct a brief behavioral based randomized controlled trial to increase fruit and vegetable consumption and reduce plate waste, thus making this school policy more effective.

Role: Investigator

Total Costs: \$152,000 (Direct: \$100,000; Indirect: \$52,000)

NIH / NIDDK 1R03DK095959-01 (LaRose, PI)

09/04/2012– 08/31/2015

Title: *Using Motivational Interviewing to Improve Weight Loss Outcomes with Young Adults*

This study seeks to develop and test the feasibility, acceptability and preliminary efficacy of a novel, brief motivational interviewing based approach to weight loss in young adults compared to a brief behavioral weight loss program that is matched on contact

Role: Investigator

Total Costs: \$145,382 (Direct: \$100,000; Indirect: \$45,382)

NIH / NIMH R34MH086922 (Mazzeo, PI)

08/01/2010-06/30/2014

Title: *An Integrative Intervention for Binge Eating among African American Adolescents*

Purpose is to develop and evaluate an innovative intervention (LIBER8—Linking Individuals Being Emotionally Real) for African American adolescent girls with binge eating disorder and loss of control eating.

Role: Investigator

Total Costs: \$630,545 (Direct: \$450,000; Indirect: \$180,545)

VCU Community Engagement Grant (Parsons, PI)

07/01/2012-06/30/2013

Title: *Community Health and Wellness Program in Older Adults*

The purposes of this community project are to: 1) establish an interdisciplinary wellness clinic at a local residential elderly facility, providing targeted interventions for improving chronic illness-self management, and 2) provide training opportunities in motivational interviewing and delivery of interdisciplinary care to professional students across disciplines in the VCU Health System.

Role: Investigator

Mentor

Society of Behavioral Medicine Bridging the Gap (PI: Tatum)

09/01/2023-08/31/2024

Title: *A Mixed Methods Approach to Understanding the Link between Social Determinants of Health and Quality of Life among Adolescent and Young Adult Cancer Survivors*

This application conducts surveys and qualitative interviews with a national sample of adolescent and young adult to identify key social drivers of quality of life to inform intervention development.

Role: Mentor

Total Cost: \$8,000

NIH F31MH127924 (PI: Cecilione)

07/01/2022-06/30/2024

Title: *Examining the Potential of Shared Decision Making to Improve the Effectiveness of Youth Mental Health Treatment in Community Mental Health Centers*

The proposed study will result in an observer-rated measure of clinician directed shared decision-making practices specific to youth mental health treatment, which is needed to advance science in this field and ultimately better inform mental health practitioners on how to increase the effectiveness of their treatments with youth clients.

Role: Advisor

NCI GMaP R1N Pilot Scholarship Award (PI: Tatum)

07/01/2022-06/30/2023 (NCE)

Title: *Identifying drivers of cancer health inequities within family-based obesity treatment*

This application proposes to identify how social determinants of health relate to the familial reach of family based-adolescent obesity treatment.

Role: Primary Mentor

Total Costs: \$10,000

Children's Hospital Foundation Research Fund (PI: Tatum)

07/01/2022-6/30/2023

Title: *Healthy Hydration in Schools: Building Community Partnerships to Inform Intervention Development*

This application applies a community-academic participatory approach to needs assessment in Richmond Public Schools via: 1) meetings with a Community Advisory Board, 2) key-

informant interviews, 3) conduct of an environmental scan of the current hydration landscape at RPS, to understand their existing resources and build community capacity. Results will yield a needs-based hydration intervention in RPS responding to stakeholders' preferences and priorities regarding healthy hydration.

Role: Mentor

Total Costs: \$9,985

Children's Hospital Foundation Research Fund (PI: Adams) 08/01/2020-07/31/2021

Title: *An in-depth analysis of well-child visit encounters in the first 6 months of life: implications for obesity prevention*

This investigation will use motivational interviewing as a lens to explore naturally-occurring patient / provider encounters for their use of obesity-prevention guidance among low income mothers with infants.

Role: Mentor

Total: \$6,500

American Diabetes Association 1-19-PDF-041 (Caccavale, PI) 01/01/2019-12/31/2020

Postdoctoral Fellowship Training Grant

Title: *Implementing a Transition Preparation Intervention for Young Adults with Type 1 Diabetes in an Integrated Healthcare System*

The goal of this study is to improve diabetes self-management and glycemic control in young adults and prepare them for the transition to adult endocrinology

Role: Primary Mentor

Total Costs (Direct): \$116,396

Expert Services

Grant Reviewer

Scientific Reviewer, Duke CTSI Swann Lee Awards for Prevention of Chronic Diseases Using Diet and Nutrition, Duke University Clinical and Translational Science Institute, October, 2024

Scientific Reviewer, NIH, NHLBI, R35 Outstanding Investigator Award, National Institutes of Health, 2024

Scientific Reviewer, NIH, Lifestyle Change and Behavioral Health Study Section, 2024

Scientific Reviewer, NIH/NIDDK Special Emphasis Panel, Time Sensitive Obesity Policy Investigations, 2021

Scientific Reviewer, NIH Special Emphasis Panel, ZRG1 HDM-H (02) M, 2020

Scientific Reviewer, NIH/NIDDK Special Emphasis Panel, Time Sensitive Obesity Policy Investigations, 2020

Scientific Reviewer, NIH/NIDDK Special Emphasis Panel, Time Sensitive Obesity Policy Investigations, 2019

Scientific Reviewer, NIDDK Special Emphasis Panel/Scientific Review Group DDK-C 1, 2018

Scientific Reviewer, NIH/NIDDK Special Emphasis Panel, Time Sensitive Obesity Policy Investigations, 2018

Editorial Boards

Co-Editor, *Nutrients*, Special Issue on Food Insecurity and Nutrition and Obesity Outcomes in Adolescents and Young Adults
2022

Eating Behaviors
2017-present

Health Behavior and Policy Review
2013-present

American Journal of Health Behavior
2013-2024

Journal Referee

Pediatric Obesity
Eating Behaviors
American Journal of Preventive Medicine
Contemporary Clinical Trials
Preventive Medicine
American Journal of Health Behavior
Journal of Obesity
Journal of Behavioral Medicine
Health Education Research
Health Education and Behavior
International Journal of Environmental Research and Public Health
Journal of Psychosomatic Research
BMJ
BMJ Open
Journal of the Academy of Nutrition and Dietetics
Appetite
Childhood Obesity
Nutrients

Other Expert Services

Center for Science and Public Interest (Real Food for Kids, PI)

01/01/2021-12/31/2021

Title: *Enhancing nutrition in SNAP via behavioral economics*

This investigation will obtain stakeholder input to inform a USDA Demonstration Project waiver to enhance nutrition in SNAP benefits via incentivizing fruits and vegetables and excluding sugared beverages.

Role: Consultant

Northern Virginia Health Foundation (PI: Real Food for Kids)

12/20/2018-12/19/2019

Title: *The Lunchroom Collective Part II*

Based on results from the planning grant, this investigation will develop and examine the feasibility of a lunchroom monitor intervention designed to enhance the school food environment.

Role: Evaluation Consultant

Northern Virginia Health Foundation (PI: Real Food for Kids)

12/19/2017-12/20/2018

Title: *The Lunchroom Collective*

This is a planning grant to explore environmental factors in the school cafeteria setting to identify factors that might impact eating behaviors, informing a subsequent targeted intervention.

Role: Evaluation Consultant

Virginia Early Childhood Foundation

07/2017-9/2017

Title: *Adherence to HEPA Standards among Early Childhood Centers*

Role: Evaluation Consultant

Robins Foundation (PI: Sportsbackers)

07/01/2016-06/30/2017

Title: *Youth Bike Academy*

This program will pilot a youth bike academy in high school students, to promote bicycle skills and knowledge, as well as civic engagement related to active infrastructure to support bicycling.

Role: Evaluation Consultant

Aetna Foundation: Local Roots (PI: Shalom Farms)

01/01/2016-12/31/2016

Title: *Urban Farmacy and Kitchen Prescription*

The Urban Farmacy and Kitchen Prescription is designed to create local, resident-run farm stands as a new physically and economically accessible option for finding fresh produce and providing necessary supports. Culturally competent nutrition programming, resources and tools are provided to increase the effectiveness of these new access points, and build knowledge, skills and abilities around using fresh produce. Program participants will help develop recipes throughout the programming period, to be used locally as a resource for other community organizations doing similar nutrition and health education.

Role: Evaluation Consultant

Impact 100 (PI: Greater Richmond Fit4Kids)

07/01/2015-06/30/2016

Title: *Eat Fresh RPS*

This grant will install salad bars, implement nutrition staff culinary training, and conduct fruit and vegetable tastings in Richmond Public Schools (RPS). We will evaluate the feasibility and impact of these school nutrition environment changes on elementary students' health habits.

Role: Evaluation Consultant

Virginia Foundation for Healthy Youth (PI: Greater Richmond Fit4Kids) 01/01/2014-12/31/2016

Title: *Greater Richmond Coalition for Healthy Children*

This grant funds the continuation of a cross-sector coalition addressing specific regional issues related to pediatric obesity. Focus is on: 1) obtaining BMI surveillance data in Central Virginia; 2) implementation of a Prescription Produce Program in low-income neighborhoods; 3) developing safe routes to schools to promote active transport; 4) examining and ensuring cultural competency in nutrition education; 5) conducting regional trainings on systemic strategies for childhood obesity prevention.

Role: Cultural Competency Consultant

Pauley Foundation (PI: St Andrew's School)

08/01/2014-07/31/2015

Title: *Wellness Initiative*

Conduct a comprehensive evaluation of the Wellness Initiative implemented in a low-income elementary school.

Role: Evaluation Consultant

Virginia Department of Health (PI: Richmond City Health District) 10/01/2015-09/30/2016

Title: *Preventing and Controlling Obesity and Chronic Disease through Evidence Based Programming: Extension Year for Sustainability*

Conduct a systematic evaluation of sustainability year to enhance the school food environment of Richmond Public Schools via hydration stations and Smarter Lunchrooms.

Role: Evaluation Consultant

Virginia Department of Health (PI: Richmond City Health District) 11/01/2014-09/30/2015

Title: *Preventing and Controlling Obesity and Chronic Disease through Evidence Based Programming*

Conduct a systematic evaluation of an initiative implemented by the Richmond City Health District, who has partnered with the Greater Richmond Coalition for Healthy Children, to implement environmental and school-based strategies to improve health and reduce obesity among children.

Role: Evaluation Consultant

Presentations

Invited Talks

1. Obesity and Disordered Eating in Adolescents: Opportunities for an Integrated Approach, April 9, 2025, Women's Health Research Day, Virginia Commonwealth University, Richmond, VA
2. Behavioral Lifestyle Intervention for Obesity Treatment. CME Event, Virginia Commonwealth University, April 13, 2024, Richmond, VA

3. Nutrition Policies to Advance Health Equity. Pediatric Endocrine Society, March 2024, Richmond, VA
4. Obesity and Eating Disorders in Adolescence, Opportunities for an Integrated Approach, Society of Behavioral Medicine Annual Meeting, April 2023, Phoenix, AZ
5. Perspectives from SBM Nutrition Ambassadors on Science Communication to Advance Nutrition Equity Policies and Practices, Society of Behavioral Medicine Annual Meeting, April 2023, Phoenix, AZ
6. Invited Talk, *Advancing Health Equity through Policy Mandates: The Child Tax Credit Expansion*, Children's Health Research Day, Children's Hospital of Richmond at VCU, May 2022
7. Invited Symposium Speaker, *Advocating for Science-Based Policies: How to Build Relationships with Legislative Aides*, Society of Behavioral Medicine Annual Meeting, 2022
8. Invited Talk, *Adolescent Obesity Treatment: Towards a Precision Medicine Approach*. Clinical Translational Personalized Medicine Working Group, Children's Health Research Institute, Virginia Commonwealth University, August 2021
9. Invited Talk, *Policy and Treatment Approaches to address Health Inequities*, Health Equity Working Group, Children's Health Research Institute, Virginia Commonwealth University, February 2021
10. Invited Symposium Speaker, *Familiar Ground, New Territory: What's New in Lifestyle Interventions?* In: *Adolescent Weight Control - Too Late, Too Early, or Just in Time?* The Obesity Society Annual Meeting, 2021.
11. Invited Panelist, *Collective Action on COVID-19 and Anti-Racism Efforts: How SBM Health Policy Committee, SIGs, and Members are Going ALL IN*, Society of Behavioral Medicine, 2021
12. Symposium Chair and Presenter, *Lessons Learned from Transitioning Pediatric Obesity Interventions to Remote Format*, Society of Behavioral Medicine, 2021
13. Invited Speaker, *Motivational Interviewing and Pediatric Obesity: Clinical Conversations about Behavior Change*. Obesity Medicine Association, 2020
14. Invited Talk, *Policy and Treatment Approaches to address Pediatric Obesity*, Cancer Prevention and Control, Massey Cancer Center, Virginia Commonwealth University, March 2020
15. Invited Talk, *Pilot to RCT of TEENS: Opportunities for Collaboration*, Obesity Metabolism Inflammation and Cancer Working Group, Massey Cancer Center, Virginia Commonwealth University, January 2020

16. Invited Speaker, *School Food Policy Research for Obesity Prevention*, Cancer Prevention and Control Journal Club, Massey Cancer Center, Virginia Commonwealth University, November 2019
17. Invited Speaker, *Raising Healthy Eaters, the Role of Early Childhood Centers*, Virginia Head Start Health and Family Institute, Richmond, VA, November, 2019
18. Invited Speaker, *The Role of Parents in Pediatric Obesity Prevention and Treatment*, Human Growth Foundation (HGF) Endocrine Education Day, Richmond, VA, June 2019
19. Invited Speaker, *Societal Interventions to Curb the Obesity Epidemic*, Virginia Bariatric Society State Chapter meeting, Williamsburg, VA, May 2019
20. Invited Presenter, *Pilot to RCT*, Society of Behavioral Medicine Grand Rounds Webinar, 2019
21. Invited Speaker, *Sugar in the School Breakfast Program in Virginia Schools with Universal Free Meals*, Chesterfield County Public Schools, School Health Advisory Board, November 2018
22. Plenary Lecture: *Eat Fresh RPS*, Weight of the State Annual Conference, Richmond, VA, April 3, 2017
23. Invited Talk, *School Environment Obesity Interventions*, Weight of the State Annual Conference, Richmond, VA, April 3, 2017
24. Invited Speaker, *Weight Loss Surgery in Adolescents*, Lewis Ginter Botanical Gardens, VCU Community Seminar Series, April 2016
25. Invited Speaker, *The Healthy Lifestyles Center: Integrating Research and Practice*, Children's Hospital of VCU Community Internship, November 2015
26. Invited Speaker, *Community Engaged Research. Project CRESST: Enhancing Clinical Research Education for Science Students and Teachers*, School of Education, Virginia Commonwealth University, Richmond, VA, July 2015
27. Invited Speaker and Workshop Leader, *Motivational Interviewing to help patients change behaviors*, 35th Annual Birdsong Pediatric Conference, Wintergreen, VA, April 2015
28. Invited Speaker, *Motivational Interviewing: Consultations about Behavior Change*, Richmond Association for Clinical Psychologists, Henrico Doctors Hospital, September 2014
29. Invited Speaker, *Motivational interviewing and pediatric obesity: Strategies to help patients adhere to treatment (and tips to help you adhere to the research path)*, Pediatric Research Seminar, Children's Hospital of Richmond at VCU, November 2013

30. **Bean**, Wijesoorija, Wickham, *Preventing and treating pediatric obesity: clinical tools for a busy practice. Clinical Challenges in Primary Care*. Lewis Ginter Botanical Gardens, March 2013
31. Invited Speaker, *Prevention and intervention strategies for childhood obesity*. Project CRESST: Enhancing Clinical Research Education for Science Students and Teachers, School of Education, Virginia Commonwealth University, July 2012
32. Invited Speaker, *Yes but...: Addressing ambivalence about participation in pediatric obesity treatment*, Discovery Dialogues Series, Virginia Commonwealth University, 2012
33. Invited Speaker, *Prevention and intervention strategies for childhood obesity*. Project CRESST: Enhancing Clinical Research Education for Science Students and Teachers, School of Education, Virginia Commonwealth University, July 2011
34. Invited Presenter: *MI Values: A Motivational Interviewing Intervention for Pediatric Obesity*, Cancer Prevention and Control Working Group, Virginia Commonwealth University Health System, Richmond, VA, 2009
35. Invited Presenter: *Psychosocial Factors associated with Psychological Health: Ethnic Differences in Patients with Heart Failure*, Cardiac Transplantation Interdisciplinary Team, Virginia Commonwealth University Health System, Richmond, VA, 2008
36. Invited Presenter, *Pre-Transplant Psychological Evaluation of Bone Marrow Transplant Patients*, Bone Marrow Transplant Core Series Virginia Commonwealth University Health System, Richmond, VA, 2008

International Presentations

*=Student / trainee

1. Garr, K., Thornton, L. M., Raynor, H. A., & **Bean, M. K.** How does reverse recess relate to elementary students' diet quality, energy intake, and food waste? A plate waste investigation. *Under review. Society of Behavioral Medicine*
2. Tatum, K. L.*, Ford, J. S., Henning, T.*, Casanave-Phillips, K., **Bean, M. K.**, LaRose, J. G. (2025, March 26 - 29). Exploring the Role of Social Drivers of Health and Protective Factors on Quality of Life Among Adolescent and Young Adult Cancer Survivors. [Poster Presentation]. Society of Behavioral Medicine 46th Annual Meeting, San Francisco, CA.
3. **Bean MK**, Thornton LM, Raynor HA, Mazzeo SE, DeJonge E, Mendoza A, Farthing S. The impact of school salad bars on dietary quality and energy intake at lunch in Mid-Atlantic elementary schools: a plate waste study. Society of Behavioral Medicine Annual meeting, March 2025, San Francisco, CA
4. **Bean MK**, Garr K*, LaRoseJG, Hung S, Brewer A, Mendoza A, Blincoe J, Tatum K*, Smith D*, Robinson A*, Sabo R, Brickhouse T. Pilot of a Community-Participatory School-Based

Hydration Intervention to Address Water Inequity in Elementary Schools. Society of Behavioral Medicine Annual meeting, March 2025, San Francisco, CA

5. Farthing S, Meyer M, Wickham EP, **Bean MK**. Recruitment and Retention of Sociodemographically Diverse Adolescents in Family-Based Obesity Treatment: The TEENS+ Randomized Clinical Trial. Society of Behavioral Medicine Annual meeting, March 2025, San Francisco, CA
6. Figuero R, LaRowe L, Adams E, St George S, **Bean MK**. An Overview of SBM's Contributions to a Special Issue of Policy Insights from Behavioral and Brain Science, Research Symposium, Society of Behavioral Medicine Annual meeting, March 2025, San Francisco, CA
7. Brickhouse T, ...**Bean MK**, Feasibility of dental assessments within an elementary school-based hydration intervention. International Association for Dental, Oral and Craniofacial Research, Barcelona, Spain, June 2025
8. Adams EL, Krovi A, Berquist A, Mosher P, Dugger R,* Brickhouse TH, Bastyr M*, **Bean MK**. Perceived impacts from the Cessation of the Expanded Child Tax Credit: A Comparison Among Lower and Higher Income Families. Oral presentation. 45th annual meeting of the Society of Behavioral Medicine. Philadelphia PA. March 13-16, 2024.
9. Bastyr M*, **Bean MK**, Figueroa R, Draper C, Reesor-Oyer L, Stephenson K, Anderson Steeves E, Wilson B, Adams EA. Barriers and Facilitators to using a SNAP Fruit and Vegetable Incentive Program for Families with Food Insecurity. Poster presentation. 45th annual meeting of the Society of Behavioral Medicine. Philadelphia, PA. March 13-16, 2024.
10. Weinstock M*, Tatum K*, Thomson M, LaRose JG, **Bean MK**, Caccavale LJ. A Qualitative analysis of the impact of the COVID-19 pandemic on adolescents who completed behavioral weight loss treatment. Society of Behavioral Medicine 45th Annual Meeting, Philadelphia, PA. March 13-16, 2024.
11. **Bean MK**, Mendoza A, Thornton L, Mazzeo SE, Raynor HA, de Jonge L, Farthing S, Moore B. The impact of school salad bars on fruit and vegetable selection and intake in Mid-Atlantic elementary schools. [Live Research Spotlight]. Society of Behavioral Medicine 45th Annual Meeting, Philadelphia, PA. March 13-16, 2024
12. Tatum, K. L.*, Adams, E. L., Garr, K.*, LaRose, J. G., Wickham, E. P., Mazzeo, S. E., Raynor, H., **Bean, MK**. Relation between parent and adolescent weight outcomes differs based on parent approach within adolescent obesity treatment [Live Research Spotlight]. Society of Behavioral Medicine 45th Annual Meeting, Philadelphia, PA. March 13-16, 2024
13. Tatum K*, Smith D*, Hung H, Brewer A, LaRose JG, Brickhouse, Blincoe J, **Bean MK**. Partnering with student ambassadors to develop healthy hydration marketing for a school-based hydration intervention. Paper Presentation, 45th Annual Meeting *Society of Behavioral Medicine*, Philadelphia, PA March 13-16, 2024

14. Smith, D.I.*, Tatum, K.T.*, Mendoza, A., Brewer, A.E., Hung, H.S., Blincoe, J., Brickhouse, T.H., LaRose J.G., and **Bean, MK.** *Our School Has Drip: Partnering with Teachers and Students to Assess the Hydration Landscape in a Virginia School District.* [Live Research Spotlight]. Society of Behavioral Medicine 45th Annual Meeting, Philadelphia, PA. March 13-16, 2024
15. Garr K*, Mendoza A, Mazzeo S, Raynor H, de Jonge L, Tatum K*, Moore B, **Bean MK.** (2024). School nutrition personnel perceptions of school salad bars before and after COVID-19. [Poster presentation]. Society of Behavioral Medicine 45th Annual Meeting, Philadelphia, PA. March 13-16, 2024
16. Hollon HF*, **Bean MK,** Lanning DA, Wijesooriya N, Wickham EP. How pediatricians approach the management of obesity. *The Obesity Society*, November, 2023.
17. Adams EL*, Bastyr M*, Caccavale LJ, Wijesooriya R, Reesor-Oyer, L Pfledderer CD, Beets MW, Weaver RG, Armstrong B, Burkart S, **Bean MK.** A qualitative analysis of patient-provider conversations around movement behaviors during infant well-child visits. *International Society of Behavioral Nutrition and Physical Activity Annual Meeting.* Uppsala, Sweden. June 14-17, 2023
18. Bastyr M*, **Bean MK,** Caccavale L, Wijesooriya N, Finnegan O, Burkart S, Armstrong B, Beets M, Weaver G, Adams EA. A Thematic Analysis of Pediatrician and Parent Discussions around Infant Feeding at Well-Child Visits. *Society of Behavioral Medicine, Phoenix, AZ, April 27-29, 2023*
19. Caccavale LJ, Tatum KL, Smith D, Mendoza A, Farthing S, LaRose JG, **Bean MK.** Support after Adolescent Behavioral Weight Loss Treatment and Navigating the Transition into Emerging Adulthood. Poster, *Society of Behavioral Medicine, Phoenix, AZ, April 27-29, 2023*
20. Smith D, Tatum KL, Lefbom L, Moore B, Foster B, **Bean MK.** Stretch your SNAP: Stakeholder Perspectives of an Innovative Healthy Incentive Program (SNAP+) in Arlington, VA. Live Research Spotlight, *Society of Behavioral Medicine, Phoenix, AZ, April 27-29, 2023*
Citation Award: Excellent Submission
21. Tatum K, Smith D, Hung HL, Blincoe J, LaRose JG, Brewer AE, Brickhouse TH, **Bean MK.** Empowering Stakeholders in Developing a School-Based Healthy Hydration Initiative. Poster, *Society of Behavioral Medicine, Phoenix, AZ, April 27-29, 2023*
22. Smith D, Brewer AE, Hung HL, Aghomo J, Briggs B, Erby L, Gentry S, Hurwitt A, Starlings K, Sterner E, Sterner E, Willis E, Blincoe J, Brickhouse T, Tatum K, Bean MK, LaRose JG. Join the Wave: Partnering with a Community Advisory Board to Enhance Hydration in a Central Virginia School District. Paper Talk, *Society of Behavioral Medicine, Phoenix, AZ, April 27-29, 2023*
Selected to be featured on the SBM portal

23. Weinstock M, Thornton LM, Raynor HA, Mazzeo SE, LaRose JG, Caccavale LJ, **Bean MK**. Changes in disordered eating within an adolescent obesity treatment: Effects of two distinct parent interventions. Poster, *Society of Behavioral Medicine, Phoenix, AZ, April 27-29, 2023*
24. Weinstock M, Thornton LM, Mazzeo SE, Raynor HA, LaRose JG, Caccavale LJ, **Bean MK**.: The effect of baseline disordered eating characteristics on weight outcomes for adolescents in family-based obesity treatment. Paper Talk, *Society of Behavioral Medicine, Phoenix, AZ, April 27-29, 2023*
25. LaRose JG, Lanoye A, Leahe TM, Fava JL, **Bean MK**, Brown KL, Reading JM. Lifestyle Intervention for Emerging Adults: Effects by Race and Gender in the REACH Trial. Paper Talk, *Society of Behavioral Medicine, Phoenix, AZ, April 27-29, 2023*
Selected to be featured on the SBM portal
26. Tatum KL*, LaRose JG, Smith D*, Stewart MD, Theriault E, **Bean MK**. Healthy Hydration: Results of a Hydration Initiative in Virginia Elementary Schools. Rapid Research Poster *Society of Behavioral Medicine Annual Meeting, Baltimore, MD, April 6-9, 2022*
27. Caccavale LJ*, LaRose JG, Mazzeo SE, **Bean MK**. Feasibility and Preliminary Efficacy of a Pilot Transition Preparation Intervention for Young Adults with Type 1 Diabetes. *Live Research Spotlight, Society of Behavioral Medicine Annual Meeting, Baltimore, MD, April 6-9, 2022*
28. Adams EL*, Caccavale LJ, Smith D*, Reesor-Oyer L, Armstrong B, **Bean MK**. Food insecurity, federal nutrition support, and parent feeding practices during COVID-19: A 1-year follow-up study. *Live Research Spotlight, Society of Behavioral Medicine Annual Meeting, Baltimore, MD, April 6-9, 2022*
29. Adams EL, Caccavale LJ, Smith D*, Burkhart S, Weaver RG, Beets MW, **Bean MK**. Parents' perception on changes in their parenting regarding child obesogenic health behaviors during COVID-19. *Live Research Spotlight, Society of Behavioral Medicine Annual Meeting, Baltimore, MD, April 6-9, 2022*.
30. Wickham EP, Evans RK, Farthing SM, Hollon F, Kang L, **Bean MK**. High-intensity interval vs continuous moderate intensity training in adolescent obesity treatment. *Poster. The Obesity Society Annual Meeting, November, 2022*
31. Raynor HA, Mazzeo SE, LaRose JG, Adams EL*, Thornton LM, Caccavale LJ, **Bean MK**. Changes in Diet During an Obesity Intervention and Post-treatment Eating Pathology in Adolescents. *Poster. The Obesity Society Annual Meeting, November, 2021*.
32. Adams EA*, Smith DL*, Caccavale LJ, **Bean MK**. Parents are Stressed! Factors that influence parenting during COVID-19. *The Society of Behavioral Medicine, 2021 Annual Meeting*.

33. Adams EA*, Caccavale LJ, Smith D*, **Bean MK**. Food insecurity, the home food environment, and parent feeding practices in the era of COVID-19. *The Obesity Society Annual Meeting, 2020*.
34. Brown K*, Hines A, Utsey S, Hagiwara N, **Bean MK**, Perera R, LaRose JG. The weight of racial discrimination: Examining the association between racial discrimination and change in adiposity among emerging adult women enrolled in a behavioral weight loss program. *The Obesity Society Annual Meeting, 2020*.
35. Caccavale LJ, Adams EL*, Raynor HA, **Bean MK**. Adolescent Self-Monitoring is Associated with Weight Loss without Increasing Disordered Eating in Obesity Treatment. *Society of Behavioral Medicine Annual Meeting*, poster presentation, San Francisco, CA, April 2020
36. Adams EL*, Thornton LM, Raynor HA, Mazzeo SE, **Bean MK**. Are salad bars associated with better nutrient intake during lunch? A plate waste analysis among Title I elementary schools, *Society of Behavioral Medicine Annual Meeting*, oral presentation, San Francisco, CA, April 2020
37. Raynor H, Thornton L, Mazzeo S, Sova A*, **Bean MK**. Fruits and vegetable energy intake. *Society of Behavioral Medicine Annual Meeting*, poster presentation, San Francisco, CA, April 2020
38. Adams EL*, Raynor HA, Thornton LM, Mazzeo SE, **Bean MK**. Digital imagery quantifies added sugar intake at lunch in Title I schools with universal free meals. Poster presentation, *The Obesity Society Annual Meeting*, Las Vegas, NV, November 2019
39. **Bean MK**, Sova A*, Thornton LM, Raynor HA, Williams A*, Mazzeo SE. Fruit and Vegetable Selection and Intake in Title I Schools with and without Salad Bars: A Plate Waste Study. *International Society of Behavioral Nutrition and Physical Activity*, Prague, Czech Republic, June 2019
40. **Bean MK**, Sova A*, Mazzeo SE, Thornton LM, Williams A*, Dunne Stewart M, Raynor HA. Impact of Targeted Marketing to Increase Fruit and Vegetable and Reduce Energy Intake in Title I Elementary Schools with Salad Bars, *International Society of Behavioral Nutrition and Physical Activity*, Prague, Czech Republic, June 2019
41. **Bean MK**, LaRose JG, Wickham EP, Raynor H, Evans RK, Farthing S, Mazzeo SE. The Role of Parents in Adolescent Obesity Treatment: Results of the TEENS+ Randomized Controlled Pilot Trial. *Society of Behavioral Medicine*, Washington, DC, April 2019 **Citation award: Excellent Submission**
42. Goel N*, Caccavale LJ*, Mazzeo SE, Raynor HA, **Bean MK**. An Examination of sugar content of breakfast in Virginia schools with universal free meals. *Society of Behavioral Medicine*, Washington, DC, April 2019
43. **Bean MK**, Spalding B, Theriault E, Dransfield KB, Sova A*, Stewart MD. Fruit and vegetable selection and intake after installation in salad bars in Title I elementary schools:

A Plate waste study. *Society of Behavioral Medicine*, New Orleans, LA, April 2018.
Citation award: Excellent Submission

44. DeAntonio J*, Cockrell H*, Kang HS, **Bean MK**, Thompson N, Oiticica C, Wickham E, Lanning D. Laparoscopic gastric plication in pediatric patients with morbid obesity. The Obesity Society annual meeting, Washington, DC, November 2017.
45. **Bean MK**, Raynor HA, Thornton LM, Sova A*, Dunne Stewart MD, Mazzeo SE. Reliability and validity of digital imagery methodology for measuring portions and plate waste from school salad bars. The Obesity Society, Washington, DC, November, 2017.
46. LaRose JG, Gorin A, **Bean MK**, Lanoye A*, Fava J, Robinson EM*, Blumenthal M, Carey K. Using motivational interviewing to enhance engagement in a weight loss program targeting emerging adults: findings from a randomized controlled pilot trial. The Obesity Society Annual Meeting, November 2016.
47. Lanoye A*, Gorin A, **Bean MK**, Fava J, Carey K, Robinson E*, LaRose J. Psychosocial Characteristics of Emerging Adults Enrolling in a Lifestyle Intervention for Weight Loss. Society of Behavioral Medicine, Washington DC, April 2016.
48. **Bean MK**, Kwitowski M*, Palmberg A*, LaRose JG, Mazzeo SE. Stakeholder perspectives on the development of an in-home obesity prevention intervention: A needs assessment. Society of Behavioral Medicine, Washington DC, April 2016.
49. **Bean MK**, Jeffers A*, Thornton L, Gow R, Mazzeo S. Impact of Motivational Interviewing on Attrition in a Parent-Exclusive Pediatric Obesity Intervention. Society of Behavioral Medicine, Washington DC, April 2016.
50. Caccavale L*, Islam N*, Spalding BB, Barrett D, Carrington S, Stewart MD, **Bean MK**. Exploration of community stakeholders' perspectives on how to enhance the cultural humility of nutrition programming targeting residents of a public housing district. Society of Behavioral Medicine, Washington DC, April 2016.
51. **Bean MK**, Powell P*, Ingersoll K, Stern, M., Evans R, Wickham E, Mazzeo S. Randomized controlled trial of a motivational interviewing intervention in pediatric obesity: The MI Values Study. Oral presentation, Society of Behavioral Medicine, April, 2014.
52. **Bean MK**, Powell P*, Quinoy A*, Ingersoll K, Mazzeo S. Motivational interviewing and adherence to pediatric obesity treatment: Results from the *MI Values* randomized controlled trial. The Obesity Society, November 2013.
53. Vanguri P*, Lanning D, Wickham E, Anbazhagan A*, **Bean MK**. Healthcare Provider Opinions Regarding Weight Loss Surgery in Adolescents. The Obesity Society, November 2013
54. **Bean, M.**, Wilson, D., Jones, R, Kelly, N*, Mazzeo, S. Dietary changes in NOURISH: An obesity intervention targeting parents of overweight children. Accepted as an "excellent

submission: for presentation at the 2011 Society of Behavioral Medicine annual meeting, Washington, DC, April 2011.

55. Stern, M., Mazzeo, S., **Bean, M.**, Evans, R., & Wickham, E. *What we have learned from 'TEENS' –A multidisciplinary program targeting obesity in adolescents*. Paper presented to the Center for Appearance Conference, Bristol, England, June 2010
56. **Bean, M.**, Mazzeo, S., Stern, M, Wickham, E., Evans, R., Bryan, D., Laver, J. Six-Month Dietary Changes in Obese Adolescents Participating in a Multidisciplinary Weight Management Program. Oral presentation at the International Congress of Behavioral Medicine Annual meeting, August 2010.
57. **Bean, M.**, Mazzeo, S., Powell, P*, Boe, A*, & Stern, M. MI Values: A Motivational Interviewing Intervention for Pediatric Obesity. Presented at The Obesity Society Annual Meeting, Washington D.C., October 2009.
58. **Bean, M.**, Gibson, D., Flattery, M, Duncan, A, & Hess, M. Psychosocial factors associated with depression and quality of life among ethnically diverse patients with heart failure. Society for Behavioral Medicine annual meeting, Montreal, CA, April 2009.
59. Hart, R., Wade, J., **Bean, M.**, & Gibson, D. Intellectual decline predicts global functioning deficit in dementia. Presented at the International Neuropsychological Society annual meeting, Atlanta, GA, February 2009.
60. **Bean, M.**, Mitchell, K*, Speizer, I., Wilson, D., & Fries, E. Smoking and Weight Loss Attitudes as Predictors of Smoking in High School Youth. Presented at the Society for Behavioral Medicine annual meeting, Boston, MA, April 2005.
61. Stern, M., Mazzeo, S., Porter, J*, Gerke, C*, **Bean, M.**, & Laver, J. Perceptions of Teasing, Quality of Life and Obesity in African American Adolescents. Presented at the Society of Behavioral Medicine annual meeting, Boston, MA, April 2005.
62. Fries, E., Piccone, J*, **Bean, M.**, Manion, L., McClish, D., Buzzard, M., & Bodurtha, J. Test of a Low-Intensity Diet Change Intervention on Relatives of Colon Cancer Patients. Selected as an "excellent submission" for presentation at the Society of Behavioral Medicine annual meeting, Baltimore, MD, March 2004.
63. Speizer, I., Obando, P., McClish, D., Smith, B., Wilson, D., Uguy, L., **Bean, M.**, Mitchell, K*, & Fries, E. Impact of Anti-Tobacco Programs and Peers on Middle School Youth. Presented at the Society of Behavioral Medicine annual meeting, Baltimore, MD, March 2004.
64. Wilson, D., Smith, B., Speizer, I., **Bean, M.**, Mitchell, K. *, & Fries, E. Smoking, Diet, and Gender in Middle and High School Students in Virginia Tobacco Prevention Programs. Presented at the Society of Behavioral Medicine annual meeting, Baltimore, MD, March 2004.

65. Smith, B., Speizer, I., Mitchell, K*, **Bean, M.**, & Fries, E. Psychosocial Factors Associated with Tobacco Use Intentions Among Youth: Examining the Utility of the Theory of Planned Behavior. Presented at the American Public Health Associations annual meeting, San Francisco, CA, November 2003.
66. Wilson, D. K., Ampey-Thornhill, G., **Bean, M.**, Mitchell, K*, Kliewer, W., & Sica, D. Gender, Social Support, Daily Hassles, and Blood Pressure Non-Dipping Status. Presented at the Society of Behavioral Medicine annual meeting, Washington, DC, April 2002

National Presentations

1. Pudney E, ...**Bean MK.**
2. Cotter, E.W.; Bennett, A.; Camposano, A.; Jimenez K.; Rozo, N.; Acevedo, E.; Sibinga, E. M. S.; **Bean, M. K.**; Corona, R.; Malloy, E. J.; & Kerrigan, D. (November, 2025). *"Calma, Conversa, y Cria:" A Mindful Parenting Program Intended to Reduce Mothers' Stress and Improve Parenting Behaviors Associated with Children's Health*. Oral scientific session to be presented at the annual American Public Health Association conference in Washington, DC.
3. W. Farzana, A. Temtam, B. Humud-Arboleda, L. Ma, M. Bean, F. Gerard Moeller, and K. M. Iftekharuddin. Obesity prediction from structural MRI using conformal deep learning with uncertainty quantification, Proc. SPIE 13407, *Medical Imaging 2025: Computer-Aided Diagnosis*, 134072W (4 April 2025); <https://doi.org/10.1117/12.3048977>
4. Garr K*, Weinstock M*, **Bean MK**, LaRose JG, Thomson MD, Caccavale LJ. Parent and adolescent perspectives on parent support following behavioral weight management treatment. *Society of Pediatric Psychology Annual Meeting*, April, 2025.
5. Farzana W, Witherow MA, Temtam A, Ma L, **Bean MK**, Moeller FG, and Iftekharuddin KM. Key brain region identification in obesity prediction with structural MRI and probabilistic uncertainty aware model, *Translational Science*, April 2025
6. **Bean MK**, Farthing S, Meyer M. Innovative strategies to enhance engagement by rural adolescents with obesity into the TEENS+ randomized clinical trial. *Translational Science*, April 2025.
7. Garr K*, Tatum K*, Caccavale L, **Bean MK**. Parent-adolescent conflict relates to adolescent BMI at treatment onset in a behavioral weight management program. *Society of Pediatric Psychology Annual Meeting*, April, 2024.
8. Sabo R, Harris L, **Bean MK**. BERD Challenges and opportunities in the new translational science landscape. *Translational Science 2023*, February 2023, Washington, DC.
9. Dugger R*, Brice P, Weaver RG, Siceloff B, **Bean M**, Brickhouse TA, Armstrong B, Beets MW, & Adams EL. Reducing Poverty and Building Capacity- Child & Family Impacts of the Child Tax Credit Expansion. *American Public Health Association National Conference*, 2022

10. Adams EL*, Brickhouse B, Dugger R*, **Bean MK**. Patterns of food security and dietary intake among children across the U.S. Child Tax Credit expansion. *American Society of Nutrition* annual conference, Poster. June 14-16th, 2022.
11. **Bean MK**, Smith D*, Farthing S, Naumann T, Adams E*, Meyer M. Automation of Home Food Inventory Scoring to Standardize Reporting, Enhance Clinical Utility, and Operationalize Delivery of Personalized Behavioral Targets. Poster. *Translational Science*, April 20-21, 2022.
12. Adams EA*, Caccavale LJ*, Smith D*, **Bean MK**. Longitudinal Associations Between Child Weight Change, the Home Food Environment, and Child Feeding Practices During COVID-19. Oral presentation, *American Society for Nutrition, June 2021 Annual Meeting*.
13. Caccavale LJ*, Meyer M, LaRose JG, Mazzeo SE, **Bean MK**. Development of the SHIFT Study: A Transition Preparation Intervention for Young Adults with Type 1 Diabetes. Poster. *Society of Pediatric Psychology Annual Meeting 2021*.
14. Adams EL*, Caccavale LJ*, Raynor HA, **Bean MK**. Changes in diet quality, energy intake, and the home food environment during a behavioral weight loss intervention differ by race and food security status. *American Society of Preventive Oncology*, Tucson, AZ, March 2020.
15. Caccavale LJ*, Sova, A*, Corona, R., **Bean, MK**. Exploring the role of motivational interviewing in adolescent patient-provider communication about type 1 diabetes. Society of Pediatric Psychology annual meeting, Portland, OR, April 2017 (award received)
16. Miller E*, Farthing S, **Bean MK**, Evans R, Wickham E. Social Jetlag, Obesity, and Cardiometabolic Risk Factors in Adolescents Participating in a Weight Management Program. Endocrine Society, April, 2016.
17. Caccavale L*, LaRose J, Mazzeo S, **Bean MK**. An Examination of Predominately African American Adolescents' Values in a Motivational Interviewing-based Obesity Intervention. Society of Pediatric Psychology, San Diego, April 2015
18. Thompson N, Conkright M, Oiticica C, Bagwell C, Wickham E, **Bean M**, Lanning D. Creating an innovative staff training program to meet MBSAQIP standards for adolescents on a general care pediatric floor. American Society of Metabolic and Bariatric Surgery, October 2015
19. Powell PW*, **Bean MK**. The Current State of Motivational Interviewing Intervention Research for Health Behavior Change in Pediatric Populations. Society of Pediatric Psychology Annual Conference. Philadelphia, PA. March 2014.
20. Evans RK, Browning MG*, Lail CR*, Malone SE, **Bean, MK**, Wickham, EP. The Quality of early weight change influences outcomes in obese female adolescents participating in a

weight management program. Annual Conference for the National American College of Sports Medicine. 2014

21. Kersh B., Cavazos L*, Warren A., **Bean, M.**, Yahne, C. Values-based intervention for smoking cessation. Presented at the National Center for Health Promotion and Disease Prevention annual meeting, June 2008.
22. Porter, J. *, Gerke, C. *, **Bean, M.**, Stern, M. Psychosocial Barriers in the Treatment of Adolescent Overweight: A Qualitative Analysis. Presented at the American Psychological Association annual meeting, Division 54, New Orleans, LA, August 2006.
23. **Bean, M.**, Metzler, S., Mazzeo, S., Wilson, DB, & Fries, E. Exercise in Elementary School Girls: Baseline Findings from Girls on the Run. Accepted as a paper presentation at the American Society of Preventive Oncology annual meeting, Bethesda, MD, February 2006.
24. **Bean, M.** & Fries, E. Family Influences on Diet in Relatives of Colon Cancer Patients. Presented at the American Psychological Association annual meeting, Washington, DC, August 2005.
25. Stern, M., Mazzeo, S., Porter, J.*, Gerke, C.*, **Bean, M.**, & Laver, J. Treating Afro-American Adolescent Obesity: Psychosocial Factors, Multidisciplinary Approaches, and Consequences. Symposia presented at the American Psychological Association annual meeting, Washington DC, August 2005.
26. Bitsko M., **Bean, MK.** Psychological Treatment Improves Hemoglobin A1c Outcomes in Adolescents with Type 1 Diabetes Mellitus. Pre conference Adolescent and Young Adult Special Interest Group Presentation, Society for Pediatric Psychology, April 2013.
27. Wickham, EP, Jones, RM, Sylvester, C., Evans, R., **Bean, MK**, Ning, Y. Comparison of 48- and 24-hour Dietary Recall Methods in Predicting Changes in Body Mass Among Overweight Adolescents Enrolled in a Multidisciplinary Weight Management Program. Oral presentation at the Pediatric Academic Society, April, 2012
28. **Bean, MK.**, Biskobing, DM., Francis, GL, Wickham, EW. Motivational Interviewing in Healthcare: Results of a Brief Training in Endocrinology. Presented at the Pediatric Academic Society, April, 2012.
29. Powell, P.W.*, Mazzeo, S.E., Stern, M., **Bean, M.K.** Motivational Interviewing in a Multidisciplinary Pediatric Obesity Treatment: Preliminary Findings from *MI Values*. Presented at the Society for Pediatric Psychology annual meeting, April 2011.
30. Wijesooriya RN, Evans R, Stern M, Mazzeo S, **Bean M**, Sylvester C, Francis G, Wickham EP. Lifestyle Modification For Adolescent Obesity – What Predicts Success? Presented at the Pediatric Academic Society, April 2011.
31. Obando, P., Wilson, D., Speizer, I., Fries, E., Uguy, S., McClish, D., Mitchell, K. *, **Bean, M.**, & Smith, B. Family Environment and Smoking Behavior in U.S. Middle and High School

Adolescents. Presented at the National Institute of Drug Abuse annual meeting, San Diego, CA, February 2004.

32. Fries, E., **Bean, M.**, Manion L., Buzzard, M., McClish, D., Bodurtha, J., & Shaw, J. One-Month Follow-Up Results from the FIBERR Study. Presented at the American Public Health Association annual meeting, San Francisco, CA, November 2003.
33. **Bean, M.**, Fries, E., Manion, L., McClish, D., Bodurtha, J., Quillin, J., Shaw, J., & Buzzard, M. Family Influences on Dietary Behavior: Baseline Analyses from the FIBERR Study. Presented at the American Society of Preventive Oncology, Philadelphia, PA, March 2003.
34. Speizer, I., Wilson, D. B., Smith, B., **Bean, M.**, Ramakrishnan, R., & Fries, E. Evaluation of State-Sponsored Youth Tobacco Prevention Programming in Virginia: VCU's Youth Tobacco Evaluation Project. Presented at the Society of Behavioral Medicine annual meeting, Salt Lake City, Utah, March 2003 AND at the Association of Teachers of Preventive Medicine Conference, Albuquerque, New Mexico, March 2003.

Regional Presentations

1. Bastyr M, **Bean MK**, Caccavale LJ, Wijesooriya R, Finnegan O, Burkart S, Armstrong B, Beets MW, Weaver RG, Adams EL. A thematic analysis of pediatrician and parent discussions around infant feeding at well-child visits. *University of South Carolina Nutrition Research Symposium*. Columbia, SC. March 23, 2023.
2. **Bean MK**, Brickhouse T, Adams EL*. Policy mandates to advance health equity: The Child Tax Credit Expansion. Child Health Research Day, Children's Hospital of Richmond at VCU, Richmond, VA, May 2022.
3. Dugger R*, **Bean MK**, Brickhouse T, Brice P, Siceloff R, Weaver G, Adams E*. Reducing Poverty and Building Capacity- Family Impacts of the Child Tax Credit Expansion USC James E. Clyburn Health Equity Lecture 2022
4. Caccavale LJ*, Adams E*, Raynor H, **Bean MK**. Female adolescents' dietary self-monitoring is associated with weight loss without increasing disordered eating in obesity treatment. Women's Health Research Day, Virginia Commonwealth University, April 2020.
5. **Bean MK**, Yates J, Macklosky A, deJonge E. Lunchroom Collective: a school-community-academic partnership to enhance the cafeteria environment. Oral presentation. Weight of the State Annual Conference, April 2019.
6. SM Farthing, RK Evans, S Yildiz*, IO Keener, EP Wickham, and **MK Bean**. Sedentary behavior in adolescents and parents enrolling in an adolescent weight management program. Annual Meeting of the *Southeast Chapter of the American College of Sports Medicine*. Greenville, SC February 2019

7. **Bean MK**, Raynor HA, Thornton LM, Sova A. *, Dunne Stewart MD, Mazzeo SE. Reliability and validity of digital imagery methodology for measuring portions and plate waste from school salad bars. Cancer and Obesity Research Day, Massey Cancer Center Cancer, Virginia Commonwealth University.
8. Evans RK, Browning MG*, Lail CR*, Stern M, **Bean MK**, Wickham EP. Evaluation of weight loss quality and changes in aerobic fitness in adolescent females participating in a weight management program. Annual Conference for the Southeastern American College of Sports Medicine, Greenville, SC, February 2014
9. Caccavale L*, LaRose J, Mazzeo S, **Bean MK**. An Examination of African American Adolescent Girls' Values in a Motivational Interviewing-based Obesity Intervention. Women's Health Research Day, Virginia Commonwealth University, April 2015
10. **Bean, M. K.**, Kwitowski, M. A.*, Harney, M. B.*, Palmberg, A. A.*, & Mazzeo, S. E. Mothers' perspectives on the development of an in-home healthy lifestyle intervention: A needs assessment. Women's Health Research Day, Virginia Commonwealth University, April 2015
11. Vanguri, P*, Lanning, D., Wickham, E, Anbazhagan, A*, **Bean, M.** Healthcare Provider Opinions Regarding Weight Loss Surgery in Adolescents. Resident Research Day, Virginia Commonwealth University, June, 2013.
12. Parsons, PL, Ogbonna, KC, Sargent, L., Kovacs, P, Slattum, PW, Robinson, E.*, **Bean, MK**, Dow, A. Interprofessional service learning with underserved community dwelling elders. The Richmond Health and Wellness Program at Dominion Place. Emsweiller IPE Conference, Virginia Commonwealth University, March 2013.
13. Wickham, E., Evans, R., **Bean, M.**, Stern, M. Developing an Intervention Evaluation Toolbox: Experience from the T.E.E.N.S. Program. Weight of the State Annual Conference, Richmond, VA, October 2011
14. **Bean, M.** Integrating motivational interviewing into clinical practice: applications to pediatric obesity. Weight of the State Annual Conference, Richmond, VA, October 2011.
15. **Bean, M.** *Motivational Interviewing and Pediatric Health Care: Application to Obesity and other Chronic Illnesses*, Pediatrics at the Beach annual conference, Virginia Beach, VA, July 2011.
16. Powell, P*, Mazzeo, S., Stern, M., **Bean, M.** Gender Differences in Adherence to a Multidisciplinary Pediatric Obesity Treatment: Preliminary Findings from *MI Values*. Presented at the Women's Health Research Day, Virginia Commonwealth University, Richmond, VA, April 2011.
17. **Bean, M**, Kracen, A. *, Westerberg, A., Hoy, K., Danish, S. & Fries, E. Differences in diet by gender, ethnicity, and weight category among ninth grade students: Baseline finds from

BRIDGE to a Better Health Program. Presented at the Women's Health Research Day Conference, Virginia Commonwealth University, Richmond, VA, March 2006.

18. **Bean, M.**, Metzler, S., Mazzeo, S., Wilson, D., & Fries, E. Social cognitive factors associated with physical activity in elementary school girls: Findings from Girls on the Run. Presented at the Women's Health Research Day Conference, Virginia Commonwealth University, Richmond, VA, March 2006.
19. **Bean, M** & Fries, E. Exercise in Elementary School Girls: Preliminary Baseline Results of *Girls on the Run*. Presented at the Women's Health Research Day Conference, Virginia Commonwealth University, Richmond, VA, April 2005.
20. **Bean, M.**, Fries, E., Manion, L., McClish, D., Bodurtha, J., Quillin, J., Shaw, J., & Buzzard, M. Family Influences on Dietary Behavior: Baseline Analyses from The FIBERR Study. Presented at the Massey Cancer Center Research Retreat, Richmond, VA, June 2003.
21. Fries, E., Manion, L., **Bean, M.**, McClish, D., Bodurtha, J., Quillin, J., Shaw, J., & Buzzard, M. Families in Behavioral Education for Risk Reduction (FIBERR): Baseline Data. Presented at the Massey Cancer Center Research Retreat, Richmond, VA, June 2002.

Teaching Experience

Courses Taught

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| 2015-2024 | MEDI 694, Clinical Practicum in Pediatric Psychology, Virginia Commonwealth University (2015 through 2022, 1-3 graduate psychology students per semester) |
| 2017 | MEDI-222: Endocrine & Metabolism - Obesity: Lifestyle Management Virginia Commonwealth University Richmond, VA |
| 2016 | MEDI-222: Endocrine & Metabolism - Obesity: Lifestyle Management Virginia Commonwealth University Richmond, VA |
| 2015 | MEDI-222: Endocrine & Metabolism - Obesity: Lifestyle Management Virginia Commonwealth University Richmond, VA |
| 2015-2018 | MEDI-202: Glands & Guts, Virginia Commonwealth University Richmond, VA |
| 2008-2022 | PSYC 494, Research Internship Supervisor: directly supervise undergraduate students (2-6 students per semester) engaged in research internship, Virginia Commonwealth University |
| 2010 | PSYC 695: Theories of Clinical Supervision, Psychology Graduate Program. Department of Psychology, Virginia Commonwealth University (2 credit course; 12 doctoral students) |

Independent Study Directed

2018 MEDI 695 Independent Study in Health Psychology, Neha Goel: *Sugar Content in Breakfast Served in Virginia Elementary Schools Participating in the Community Eligibility Provision of the Healthy Hunger Free Kids Act.*

Grand Rounds

Department of Psychiatry, School of Medicine, Virginia Commonwealth University, October 2025

The Role of Parents in Pediatric Obesity Prevention and Treatment, Grand Rounds, Department of Pediatrics, Virginia Commonwealth University, April 2018

School Policies and Obesity Prevention: Modifying the Environmental Defaults, Grand Rounds, Department of Pediatrics, Virginia Commonwealth University, March 2016

Motivational Interviewing in the Pediatric Health Care Setting, Grand Rounds, Department of Pediatrics, Virginia Commonwealth University, 2010

Obese America: Implications for mental health professionals, Department of Psychiatry Grand Rounds, Virginia Commonwealth University, 2008

Guest Lectures

Guest Lecture, *Developing patient recruitment and enrollment strategies*, CCTR801 CCTR Wright Center Clinical Practicum, Virginia Commonwealth University, February 2025

Guest Lecture, *Advancing Health Equity through Treatment and Policy: Behavioral Science Research in Pediatric Obesity*, MD/PhD Research Seminar, Virginia Commonwealth University, March 2023

Guest Lecture, *Recruitment and Engagement in Clinical and Translational Research*, CCTR801 CCTR Wright Center Clinical Practicum, Virginia Commonwealth University, February 2023

Guest Lecture, *Policy and Treatment Approaches to address Pediatric Obesity*, Developmental Psychology undergraduate course, Randolph Macon College, Ashland, VA, April 2020

Guest Lecture, *The Role of Clinical Health Psychology in Pediatric Endocrinology*, Psychology graduate course, *Applications of Clinical Health Psychology* Virginia Commonwealth University (2 contact hours), November 2017

Guest Lecture, *Principal Investigator Chat: Motivational Interviewing Research Design and Methods*, Health Behavior and Policy Graduate Course, VCU School of Medicine, September 2016

Guest Lecture, *The Role of Clinical Health Psychology in Pediatric Endocrinology*, Psychology graduate course, *Applications of Clinical Health Psychology*, Virginia Commonwealth University (2 contact hours), November 2015

Guest Lecture, *Pediatric Obesity Research in Clinical Settings*, Social and Behavioral Health, VCU School of Medicine (4 advanced doctoral students), November 2014

Guest Lecture, *Motivational Interviewing and Pediatric Obesity*, Health Psychology Graduate Student Colloquium, Virginia Commonwealth University (1 contact hour), March 2014

Guest Lecture, *Obesity: Clinical Implications for Psychologists*, undergraduate course, *Psychology of Overeating*, University of Richmond (2 contact hours), November 2013

Guest Lecture, *Health Psychology Research in Pediatric Overweight and Obesity*, Psychology undergraduate course, *Health Psychology* (2 contact hours), Virginia Commonwealth University November 2012

Guest Lecture, *The Role of Clinical Health Psychology in Pediatric Endocrinology*, Virginia Commonwealth University Psychology graduate course, *Applications of Clinical Health Psychology* (2 contact hours), October 2012

Guest Lecture, *Obesity: Implications for Clinical and Health Psychologists* University of Richmond undergraduate course, *Psychology of Overeating*, March 2011

Guest Lectures, HPEX 393, *Weight-based stereotypes, psychological factors associated with obesity, and strategies for eliciting motivation in adolescents with obesity*, Virginia Commonwealth University, 3 times per year, 2008-2011

Guest Lecture, *Motivational Interviewing in Clinical Treatment of Pediatric Obesity*, Clinical and Counseling Psychology Doctoral Students, Virginia Commonwealth University, 2010

Guest Lecture, *Motivational Interviewing as an extension of Humanistic Theory*, Theories of Psychotherapy graduate class, Virginia Commonwealth University, 2010

Guest Lecture, *Application of a Theory-based Health Psychology Intervention*. Applied Social Psychology undergraduate class, University of Richmond, VA, 2009

Guest Lecture, *Application of a Theory-based Health Psychology Intervention*. Applied Social Psychology undergraduate class, University of Richmond, VA, 2008

Guest Lecture, *Motivational Interviewing as an extension of Humanistic Theory*, Theories of Psychotherapy psychology graduate class, Virginia Commonwealth University, 2008

Guest Lecture, *The role of behavioral support in weight management*, Exercise Physiology graduate course, Virginia Commonwealth University, 2005

Medical Student and Resident Education

Faculty Member, Obesity Medicine Fellowship, 2022-present

Invited Guest Lecture, *Motivational Interviewing and Medication Management*, Pharmacy Residents, Medical College of Virginia (1 contact hour; 8 residents), September 2018

Medical School Preclinical Program, "Lifestyle management for the treatment of type 2 diabetes and obesity" in the "Glands and Guts" pre-clinical medical school course, Virginia Commonwealth University, April 2017

Invited Guest Lecture, *Motivational Interviewing and Medication Management*, Pharmacy Residents, Medical College of Virginia (1 contact hour; 8 residents) November 2016

Medical School Preclinical Program, "Lifestyle management for the treatment of type 2 diabetes and obesity" in the "Glands and Guts" pre-clinical medical school course, Virginia Commonwealth University, April 2016

Invited Guest Lecture, *Motivational Interviewing and Medication Management*, Pharmacy Residents, Medical College of Virginia (1 contact hour; 8 residents), December 2015

Lecture, *Pediatric Obesity Treatment and Prevention Research*, Endocrine Research Fellow Series, Virginia Commonwealth University August 2015

Medical School Preclinical Program, "Lifestyle management for the treatment of type 2 diabetes and obesity" in the "Glands and Guts" pre-clinical medical school course, Virginia Commonwealth University, April 2015

Invited Guest Lecture, *Motivational Interviewing and Medication Management*, Pharmacy Residents, Medical College of Virginia (1 contact hour; 8 residents) September 2014

Medical School Preclinical Program, "Lifestyle management for the treatment of type 2 diabetes and obesity" in the "Glands and Guts" pre-clinical medical school course, Virginia Commonwealth University, April 2014

Invited Guest Lecture, *Motivational Interviewing and Medication Management*, Pharmacy Residents, Medical College of Virginia (1 contact hour), December 2013

Invited Guest Lecture, *Motivational Interviewing and Medication Management*, Pharmacy Residents, Medical College of Virginia (1 contact hour), January 2013

Invited Guest Lecture, *Motivational Interviewing and Medication Management*, Pharmacy Residents, Medical College of Virginia (1 contact hour), October 2011

Co-leader for M-4 Communication Seminar: Brief Behavioral Interventions, Virginia Commonwealth University, (4 contact hours) May, 2011

Invited Guest Lecture, *Motivational Interviewing and Medication Management*, Pharmacy Residents, Medical College of Virginia (1 contact hour), 2010

Faculty Member, Pediatric Endocrinology Fellowship, 2008-present

Teaching Publication

Stewart KE, George A, Lee B, Rybarczyk B, Caccavale L, Islam N, **Bean M.** (2016) Interprofessional education: motivational interviewing module. MedEd Portal. Virginia Commonwealth University School of Medicine

Clinical Practicum and Internship Supervision

2024	Tyler McQueen, VTCC Predoctoral Intern, 4 mo rotation
2024	Jessica Jakubiak, VTCC Predoctoral Intern, 4 mo rotation
2023	Jennifer Bertollo, VTCC Predoctoral Intern, 4 mo rotation
2022	Lauren Oddo VTCC Predoctoral Intern, 4 mo rotation
2022-24	Madison Weinstock, MS, Predoctoral Psychology Resident, 24m rotation
2022	Rebecca Otwell-Dove, VTCC Predoctoral Intern, 4 mo rotation
2022	Albert Lo, MS, VTCC Predoctoral Intern, 4 mo rotation
2022	Katie Robinson, MS, VTCC Predoctoral Intern, 4 mo rotation
2021	Jasmine Coleman, MS, VTCC Predoctoral Intern, 3 mo rotation
2021	Renee Gallo, MS, VTCC Predoctoral Intern, 3 mo rotation
2021	Ashley Muskett, MS, VTCC Predoctoral Intern, 3 mo rotation
2021	Christina Albia, MS, VTCC Predoctoral Intern, 3 mo rotation
2021-22	Kristina Tatum, PsyD, Postdoctoral Fellow, Adolescent Metabolic and Bariatric Surgery Evaluations
2021-22	Courtney Dunn, MS Pre-doctoral Resident, Adolescent Metabolic and Bariatric Surgery Evaluations
2021-22	Neha Goel, MS Pre-doctoral Resident, Adolescent Metabolic and Bariatric Surgery Evaluations
2020-21	Shannon Cusak, MS, Predoctoral Psychology Resident, Adolescent Metabolic and Bariatric Surgery Evaluations
2020	Melanie Morse , MS, VTCC Predoctoral Intern, 3 mo rotation
2020	Christina Albia, MS, VTCC Predoctoral Intern, 3 mo rotation
2020	Michael Feeney, MS, VTCC Predoctoral Intern, 3 mo rotation
2019	Anh-Thuy, MS, VTCC Predoctoral Intern, 3 mo rotation
2019	Anna Wright, MS, VTCC Predoctoral Intern, 3 mo rotation
2019	Elizabeth Nick, MS, VTCC Predoctoral Intern, 3 mo rotation
2019-20	Candice Roquemore, MS, Chicago School of Professional Psychology, Predoctoral Resident, 12 month practicum
2017-2019	Laura Caccavale, PhD, Postdoctoral Fellow, Pediatric Endocrinology
2017-2018	Nour al Ghriwati, MS, Pediatric Endocrinology, 12 month practicum
2017-2018	Megan Carlson, MS, Pediatric Endocrinology, 12 month practicum
2016-2017	Amy Bortnick, MSW student, Pediatric Endocrinology, 12 month practicum
2016-2017	Courtney Simpson, MS, Pediatric Endocrinology, 12 month practicum

2015-2017	Zachary Radcliffe, MS, Pediatric Endocrinology, 12 month practicum
2015-2016	Melissa Dvorsky, Pediatric Endocrinology, 12 month practicum
2013-2016	Laura Caccavale, MS, Motivational Interviewing and Pediatric Endocrinology
2013-2016	Nadia Islam, MS, Pediatric Endocrinology, 12 month practicum
2013-2015	Emily Wheat Butt, MS, Pediatric Endocrinology, 12 month practicum
2013-2015	Autumn Lanoye, MS, Motivational Interviewing
2012-2014	Elizabeth Robinson, MS, Pediatric Endocrinology, 12 month practicum
2012-2014	Carrie Bair, MS, Pediatric Endocrinology, 12 month practicum
2012-2013	Kathryn Maher, MS, Pediatric Endocrinology, 12 month practicum
2011-2012	Priscilla Powell, MS, Pediatric Endocrinology, 12 month practicum
2011-2015	T.E.E.N.S. Weight Management Program clinical supervisor (8 trainees)
2011-2012	Nichole Kelly, MS, Pediatric Endocrinology, 12 month practicum

Curriculum Development

MEDI 694 Pediatric Psychology Practicum

The clinical practicum experience in Pediatric Psychology is designed to encourage the integration of evidence-based assessment, theory, and interventions for implementation within a pediatric medical setting. The overall goal of the experience is to provide students with basic foundational skills and knowledge pertaining to the provision of professional, ethical, and evidence-based *assessment* and *treatment* services for children and adolescents with medical concerns and comorbid behavioral and/or psychological concerns. Students will learn to function as a health psychologist as part of a larger interdisciplinary healthcare team. Students will be provided with the opportunity to work with a variety of presenting problems, including but not limited to difficulties with adherence to treatment regimen, depression/anxiety, coping with chronic illness, school/academic functioning, peer relationships, and family functioning. There are also opportunities for students to present on relevant topics (e.g., coping with chronic illness) to both VCU and community venues. (*Developed 2014*)

MEDI 695 Independent Study in Health Psychology

Students participating in this Independent Study in Health Psychology will work with Dr. Bean (faculty mentor) to develop and carry out a research project with the goal to result in a product that is suitable for presentation at a research conference and/or publication in a peer-reviewed journal. Research Projects will be developed in collaboration with the faculty mentor and can be translational, prospective, retrospective, applied, or quality improvement in nature and will be conducted under the supervision of the faculty mentor. Students will complete the human subject's research training course and will be awarded a certificate from the Collaborative Institutional Training Initiative that is valid for three years. This training will permit students to consent study participants and interact with both participants and research data. Under Dr. Bean's mentorship, the students will conduct literature reviews, design a novel research question, comply with all IRB-required activities, implement the proposed research study, and prepare manuscripts for publication. Students will also participate in interdisciplinary research meetings with ongoing research programs to gain additional exposure to Health Psychology research. An individualized course of study will be developed to meet the needs of each

student/ topic area. These may include journal articles, book chapters, and participation in relevant journal clubs and educational activities. We will collaboratively develop a timeline for completion of research activities and monitor progress on this timeline in weekly meetings. This course offers the opportunity to present a poster or platform presentation at a national meeting and to publish in a relevant peer reviewed journal, with the student as primary author. (*Developed 2014*)

Mentoring and Advising

Research Mentoring- *Early Career Faculty*

Laura Caccavale, PhD, Virginia Commonwealth University- Mentor on her CHF pilot grant; weekly meetings; primary mentor on K23DK131368: *Improving Transition Care for Adolescents and Young Adults with Type 1 Diabetes: A Randomized Controlled Trial of SHIFT2* (2020-current)

Elizabeth Cotter, PhD, American University- Serve as a mentor on her NIH K23AT011049, with specific training regarding recruitment and retention in obesity interventions, development of RCTs for pediatric obesity prevention, and parenting interventions. *Reducing Maternal Stress to Improve Obesity-related Parenting Practices* (2020-current)

An Pham, MD, Virginia Commonwealth University- Serve as mentor on her NIMH KMH134111 regarding disordered eating assessment and treatment in gender minority youth. *Using youth-engaged research methods to develop and evaluate a measure of disordered eating in gender minority youth.* (2022-current)

Kelsey Hagan PhD, Virginia Commonwealth University- Provide training and mentorship in bi-weekly meetings as a BIRCWH scholar and mentor on K01 submission (Scored 18, pending notice of award) regarding the neurodevelopmental basis for eating disorders. (2023-current)

Alyssa Button, PhD, Virginia Commonwealth University-- Provide training and mentorship in bi-weekly meetings regarding obesity treatment; submitted Breakthrough Application; ADA application and preparing for K23 applicataion. (2024-current)

Formal Research Mentoring- *Postdoctoral Fellows*

Katlyn Garr, PhD, Virginia Commonwealth University: Primary mentor on my NIH intervention trials; teaching grant-writing skills and mentoring on grant submissions; weekly meetings; conference presentations and coauthored publications; developing independent line of research in family-based obesity treatment; awarded Children's Hospital Foundation pilot award; 2023-current

Kristina Tatum, PsyD, Virginia Commonwealth University: Primary mentor on my NIH intervention trials (2021-22); taught grant-writing skills and 2024d reviewed drafts of grant submissions; weekly meetings; conference presentations and coauthored publications; serve

as her primary mentor on a Massey Cancer Center Health Equity Postdoctoral Fellowship (2022-present); received NCI GMaP scholarship award; NIMH CHRS award (P30) and SBM Bridging the Gap award.

Elizabeth Adams, PhD- Primary Mentor as NCI T32 post-doctoral fellow in Cancer Prevention and Control; weekly meetings; reviewed drafts of grant submissions; MPI on grants; conference presentations and coauthored publications; awarded CHF pilot grant; CHRI grant; currently an Assistant Professor current at University of South Carolina, 2019-2021

Laura Caccavale, PhD- mentor on an American Diabetes Association postdoctoral fellowship award; weekly meetings; reviewed drafts of grant submissions; conference presentations and coauthored publications; currently an Assistant Professor at VCU; 2017-2020

Emily Miller MD, Pediatric Endocrinology Fellow, Research Mentor, *Health Care Providers' and Trainees' Perceptions about Childhood Obesity Training and Education*, conference presentations and coauthored a publication; 2014-16

Poornima Vanguri MD, Surgery fellow; Research Mentor, *Pediatric Healthcare Provider Opinions Regarding Weight Loss Surgery in Adolescents*, conference presentations and coauthored publications, 2012-13

Formal Research Mentoring- Graduate Students

Madison Weinstock:

Danyel Smith:

Laura Caccavale: Served as formal research mentor and primary dissertation chair: *Exploring the role of motivational interviewing in adolescent-provider communication about type 1 diabetes*. Provided training in design and conduct of randomized controlled trials and intervention research within the context of my intervention trials; conference presentations and coauthored publications; reviewed drafts of grant submissions; Received an ADA-funded postdoctoral fellowship. (2013—2017)

Nadia Islam: Served as research mentor and dissertation Co-Chair: *Mechanisms of motivational interviewing in a parent-focused pediatric obesity intervention*; training in motivational interviewing and treatment fidelity in motivational interviewing; supervisor in research trials; conference presentations and coauthored publications. Currently in integrated behavioral medicine. (2013-17)

Rachel Boutte: Served as thesis Co-Chair: *An Examination of the technical and relational hypotheses of motivational interviewing*; provided training in motivational interviewing and treatment fidelity in motivational interviewing; supervisor in research trials; conference presentations and coauthored publications. Received post-doctoral fellowship at Yale University, (2015-16)

Research Assistants Supervised / Mentored

2025

2024	Callie Kennedy (Maggie Walker High School Research Internship)
2024	Rewina Misghina (PSYC 494, 3 credits)
2023	Julianna Quinn (PSYC 494, 1 credits)
2023	Chloe McPhearson (PSYC 494, 3 credits)
2023	Ishika Girish (volunteer)
2021	Gautam Lalwani (PSYC 494, 3 credits)
2021	Rakan Al-akhras (PSYC 494, 3 credits)
2021	Sarah Adi
2021	Alexys Weihl
2021	Erin Carmody (dietetics)
2021	Jessica Parker (PSYC 494, 3 credits)
2020	Justin Kang (HPEX 395 hours)
2020	Lura Livingston (HPEX 395 hours)
2019-2020	Morgan Meyer (HPEX 395)
2020	LeAsia Clark (PSYC 494 3 credits)
2020	Nadia Zia (PSYC 494 1 credit)
2019-20	Meghan Stubbs (PSYC 494 2 credits)
2019-20	Kishan Patel
2019-20	Adelaide Adomako
2019-20	Felicia Boateng
2019-20	Anita Rahmanovic (PSYC 494 2 credits)
2019-20	Emily Hunt (PSYC 494 3 credits)
2019-20	Dawn Anderson
2019-20	Olivia Linkous (PSYC 494, 1 credit [fall] 2 credits [spring])
2019	Meghan Stubbs (PSYC 494 summer)
2019	Seohi Lim (PSYC 494, 3 credits)
2019	Merna Roshdy (PSYC 494)
2019	Shruti Gokhale (PSYC 494, 3 credits)
2018-19	Stephanie Vu (PSYC 494, 2 credits)
2017-18	Younis Khair Aldeen (PSYC 494, 2 credits)
2017-18	Shimona Kumar (PSYC 494, 1 credit)
2017-18	Anurag Avadhuta (PSYC 494, 1 credit)
2017-18	Ceazia White (PSYC 494, 1 credit)
2017	Patrick O'Brien (Virginia Tech, MS Nutrition)
2016-18	Amber Brown (PSYC 494)
2016-2018	Natalie Boehmke (PSYC 494)
2016-2018	Alaina Madaline (PSYC 494)
2015-2017	Sarah Rogan (PSYC 494)
2015-2016	Sarah Valkowski (PSYC 494)
2015-16	Reshona Blount (PSYC 494)
2015-16	Sena Ha (PSYC 494)
2015-16	Mishaal Khan (PSYC 494)
2015-16	Diane Keister (PSYC 494)
2015-16	Laura Butler (PSYC 494)
2015-16	Nadine Lampton (PSYC 494)
2015-16	Zarafshan Bhojani (PSYC 494)

2015-17	Sarah Rogan (PSYC 494)
2015-2016	Sara Valkowski (PSYC 494)
2014-2015	Alexis Wilkes (PSYC 494)
2014-2015	Tasia Thompson (PSYC 494)
2014-2015	Kaylin Lagana (PSYC 494)
2013-2017	Akanshka Patel (PSYC 494)
2013-2014	Taylor Ishane Thomas (PSYC 494)
2012-2018	Alexandra Sova (PSYC 494)
2012-2013	Daniel Namkoong (PSYC 494)
2012-2013	Cierra Harris (PSYC 494)
2012-2013	Brenna Posner (PSYC 494)
2012-2013	Rebecca Paster (PSYC 494)
2011-2012	Eric Lavalley (PSYC 494)
2010-2011	Meghan Khandan-Barani (PSYC 494)
2010-2011	Edward Canada (PSYC 494)
2010-2012	April Hafer (PSYC 494)
2009-2011	Heather Graffius (PSYC 494)
2009-2012	Edward Canada (PSYC 494)
2009-2012	Lauren Almond (PSYC 494)
2008-2010	Sonya Satterlund (PSYC 494)
2008-2010	Robert Coltrain (PSYC 494)
2005-2007	Shakira Wakefield (PSYC 494)
2005-2007	Joanna Woolf (PSYC 494)

Thesis / Dissertation Committees

Dissertation Committee Member, Gabrielle Maldonado, Department of Psychology, *Identification of mechanisms associated with electronic nicotine delivery system use for weight control in young adults*, 2024-2025

Dissertation Committee Member, Madison Weinstock, Department of Psychology, *Examining Parent Behavior and Adolescent Outcomes in a Pediatric Obesity Intervention*, 2022-2024

Thesis Committee Member, Madison Weinstock, Department of Psychology, *Perceptions of Orthorexia Nervosa and Popular Dieting Trends in College Students*, 2020-21

Thesis Committee Member, Danyel Smith, Department of Psychology, *Culturally-Relevant Factors that Influence Healthy Eating among African American College Students*, 2019-20

Dissertation Committee Member, Kristal Brown, Health Behavior and Policy, *Examining the role of perceived racial discrimination in obesity treatment disparities among African American emerging adult women*, 2018-2020

Dissertation Committee Member, Courtney Simpson, Department of Psychology, *Integrating Obesity and Eating Disorder Prevention: A Randomized Controlled Trial of INSPIRE*, 2017-2018

Dissertation Committee Member, Autumn Lanoye, Department of Psychology, *Aerobic exercise exposure targeting anxiety sensitivity: effects on associated health behaviors in young adults*, 2016-18

Dissertation Committee Member, Megan Peter, Health Behavior and Policy, *Perceived Financial Burden, Self-Management Behaviors, and Glycemic Control in Adults with Type 1 Diabetes*, 2016-2018

*Dissertation Co-Chair, Nadia Islam, Department of Psychology, *Mechanisms of motivational interviewing in a parent-focused pediatric obesity intervention*, 2015-17

*Thesis Co-Chair, Rachel Boutte, Department of Psychology, *An Examination of the technical and relational hypotheses of motivational interviewing*, 2015-16

*Dissertation Co-Chair, Laura Caccavale, Department of Psychology, *Exploring the role of motivational interviewing in adolescent-provider communication about type 1 diabetes*, 2015-17

Master's Thesis Committee Member, Melissa Kwitowski, Department of Psychology, *An Exploration of Factors Influencing Attrition from a Pediatric Weight Management Intervention*, 2014

Master's Thesis Committee Member, Zachary Radcliffe, Department of Psychology, *The Role of Authoritative Parenting in Type 1 Diabetes Adolescent Outcomes*, 2014

Doctoral Dissertation Committee Member, Elizabeth Robinson, Clinical Psychology, *Assessing Parental Involvement in Type 1 Diabetes Management During Adolescence*, 2013-14

Doctoral Dissertation Committee Member, Anthony Molisani, Social and Behavioral Health, 2013-14

Doctoral Dissertation Committee Member, Stephen Trapp, Counseling Psychology, *Motivation and Mindfulness Factors Predicting Family Attrition in a Multidisciplinary Weight Loss Program*, 2013-14

Doctoral Dissertation Committee Member, Alexis Quinoy, Clinical Psychology, *Stakeholder Views on Behavioral Health care in the Pediatric Primary Care Setting: A Qualitative Approach Towards Integration of Care*, 2012-2015

Master's Thesis Committee Member, Laura Caccavale, Clinical Psychology, *Association of Family Structure and Glycemic Control in Adolescents with Type 1 Diabetes: Risk and Protective Factors*, 2012-2013

Master's Project Committee Member, Kylin Lammers, Behavioral Genetics, *Siblings of Children with Neurodevelopmental Disabilities: An Investigation of Sibling Intra-Familial Relationships*, 2012-2013

Master's Project Committee Member, Laura Meyer, Behavioral Genetics, 2011-2012

Biostatistics Summer Research Program Committee Member, Hali Eisenhart, Biostatistics, 2011

Master's Thesis Committee Member, Elizabeth Robinson, Clinical Psychology, *Assessing Parent Involvement in Type 1 Diabetes Management during Adolescence*, 2011

Master's Project Committee Member, Amanda Herbert, Behavioral Genetics, *RAI1 Disorders and Sleep: A survey of parents and children*, 2011

Role on Institutional Training Grants

T32CA093423 (Fuemmeler / Palesh PIs) 2023-2025

Sponsor: NIH / NCI

Title: Training Program in Cancer Prevention and Control and Cancer Health Equity

Role: Scientific Mentor

K12HD108269 (Kornstein / Bowen PIs) 06/15/22-04/30/27

Sponsor: NIH

Title: Building Interdisciplinary Research Careers in Women's Health

Role: Scientific Mentor

T32CA093423 (Fuemmeler / Sheppard PIs) 09/12/01-07/31/23

Sponsor: NIH / NCI

Title: Training Program in Behavioral and Health Services Cancer Control Research

Role: Scientific Mentor

Motivational Interviewing Training

2-day seminar, *Introduction to Motivational Interviewing*, VCU Health, Richmond, VA, August-September, 2022

Brief workshop, *Introduction to Motivational Interviewing*, Abundance Organizing, Richmond, VA, August 2019

1-day seminar, *Introduction to Motivational Interviewing*, Virginia Coordinated Care, VCU Health, Richmond, VA, March 2018

2-day seminar, *Motivational Interviewing with Telephone Consultations*, Patient First Urgent Care, Richmond, VA, September 2017

1-day seminar, *Introduction to Motivational Interviewing*, Patient First Urgent Care, Alexandria, VA, October 2016

1-day seminar, *Introduction to Motivational Interviewing*, Patient First Urgent Care, Virginia Beach, VA, October 2016

1-day seminar, *Introduction to Motivational Interviewing*, Patient First Urgent Care, Richmond, VA, August 2016

1-day seminar, *Introduction to Motivational Interviewing*, Virginia Coordinated Care, VCU Health, Richmond, VA, August 2016

Brief workshop, *Introduction to Motivational Interviewing*, National Association for Social Workers, Richmond, VA, March 2016

1-day seminar, *Intermediate Motivational Interviewing for the Healthcare Provider*, Maymont, Richmond, VA, December 2015

1-day seminar, *Intermediate Motivational Interviewing for the Healthcare Provider*, Maymont, Richmond, VA, December 2015

Brief Workshop, Motivational Interviewing for Primary Care Providers, Anthem Healthcare, Richmond, VA, November 2015

2-day Motivational Interviewing training for peer health educators for Pathways of Petersburg, VA, February 2014

2-day seminar, Motivational Interviewing in the Healthcare Setting: Virginia Commonwealth University, November 2014

1-day seminar, *Motivational Interviewing for the Healthcare Provider*, Science Museum of Virginia, September 2014

2-day seminar, Motivational Interviewing in the Healthcare Setting: Virginia Commonwealth University, March 2014

2-day seminar, Motivational Interviewing in the Healthcare Setting: Virginia Commonwealth University Health System, September 2013

2-day seminar Motivational Interviewing in the Healthcare Setting: Virginia Commonwealth University Health System, November 2012

1-day training in Motivational Interviewing in the Healthcare setting and Brief Behavioral Interventions as part of Community Engagement Grant (8 contact hours) October 2012

2-day training for TEENS weight management program on integrating motivational interviewing into the TEENS protocol (8 contact hours) June 2012

2-day seminar for nurses, psychology doctoral students, and social workers on Motivational Interviewing in the Healthcare Setting: Virginia Commonwealth University (12 contact hours), February 2012

2-day seminar for nurses on Motivational Interviewing in the Healthcare Setting: Virginia Commonwealth University (12 contact hours) September 2011

4-day training for TEENS weight management program on integrating motivational interviewing into the TEENS protocol (14 contact hours), August 2011

Brief Motivational Interviewing in the Healthcare Setting: Conducted a four-session training to clinical providers at Virginia Commonwealth University Health System (8 contact hours), 2010

Service Activities

Service to the Profession

Reviewer, NHLBI, R35 Outstanding Investigator Award, National Institutes of Health, July, 2024

Reviewer, NIH, Lifestyle Change and Behavioral Health Study Section, National Institutes of Health, June 2024

Topic Chair, Health Communication and Policy, Society of Behavioral Medicine, 2022-2025

Co-Editor, *Nutrients*, Special Issue on Food Insecurity and Nutrition and Obesity Outcomes in Adolescents and Young Adults, 2022

Co-Chair, Child and Family Health Special Interest Group, Elected Role, Society of Behavioral Medicine, 2020-2023

Advocacy Committee (formerly Health Policy Committee), Society of Behavioral Medicine, 2020-2024

Child Nutrition Ambassador, Society of Behavioral Medicine, 2020-2023

Invited Reviewer, *Academy of Nutrition and Dietetics' Health Professionals Guide to Obesity and Weight Management for Adults*, 2022

Invited external reviewer, promotion and tenure review, Brigham and Young University, 2021

Abstract Reviewer, Health Communication and Policy Topic Area, Society of Behavioral Medicine Annual Meeting, 2021

Reviewer, NIH/NIDDK Special Emphasis Panel, Time Sensitive Obesity Policy Investigations, 2021

Reviewer, NIH Special Emphasis Panel, ZRG1 HDM-H (02) M, 2020

Reviewer, NIH/NIDDK Special Emphasis Panel, Time Sensitive Obesity Policy Investigations, 2020

Invited Panelist, *Career Mentoring Workshop in Counseling Psychology*, Division 17, American Psychological Association, 2020

Awards Selection Committee, Child and Family SIG, Society of Behavioral Medicine Annual Meeting, 2019

Invited External Grant Reviewer, CTSA External Reviewers Exchange Consortium (CEREC) CTSI Traditional Pilot Award, "*Does schoolyard greening increase the proportion of students meeting physical activity and outdoor time guidelines?*" Medical College of Wisconsin. 2019

Co-Chair, Paper Session: *How Can We Improve Family Health Through Schools & Community-Based Implementation?* Society of Behavioral Medicine Annual Meeting, Washington, DC, 2019

Reviewer, NIH/NIDDK Special Emphasis Panel, Time Sensitive Obesity Policy Investigations, 2019

Reviewer, NIDDK Special Emphasis Panel/Scientific Review Group DDK-C 1, 2018

Reviewer, NIH/NIDDK Special Emphasis Panel, Time Sensitive Obesity Policy Investigations, 2018

Obesity and Eating Disorder SIG Trainee Award, Abstract Reviewer, Society of Behavioral Medicine Annual Meeting, 2018

Panelist, Society of Behavioral Medicine, Breakfast Roundtable, Lessons Learned from Navigating the Unexpected Challenges of an Academic Career in Obesity and Eating Disorders, New Orleans, LA, 2018

Editorial Board, *Eating Behaviors*, 2017-present

Abstract reviewer, Society of Behavioral Medicine Annual Meeting, Obesity and Eating Disorder SIG, Child and Family Health SIG, (~6 hours annually), 2016-present

Editorial Board, *American Journal of Health Behavior*, 2013-2023

Editorial Board, *Health Behavior and Policy Review*, 2013-present

Invited external grant reviewer: City University of New York Collaborative Incentive Research Grant, 2013

Service to the University

Member, Promotion and Tenure Committee, Dr. Anne Haynos, Department of Psychology, Virginia Commonwealth University, 2025-2026

Member, Search Committee, Director, Human Subjects Research Protections Program, Virginia Commonwealth University, 2024-2025

Member, Search Committee, Senior Associate Dean for Research, Virginia Commonwealth University, 2024-2025

Chair, Data Safety Monitoring Board, Dr. Anne Haynos, NIMH VIBRANT Study (Virtual Interventions to Bolster Recovery following Anorexia Nervosa Treatment), 2023-

Protocol Review Oversight Committee, Wright Center for Clinical and Translational Research, 2023-

CTSA Translational Science Pilot Grants, Scientific Review Committee, Virginia Commonwealth University, 2023-

Human Research Clinical Trial Initiative, Biomedical Informatics Subgroup, 2023-

Accelerate Grant Scientific Reviewer, Virginia Commonwealth University, 2022

Community Outreach Champion, Massey Cancer Center, 2021-present

Internal Advisory Committee, Research Capacity Hub, Center for Translational Science Award, Virginia Commonwealth University, 2020-2021

Center for Clinical and Translational Research Endowment Fund, Scientific Review Committee, Virginia Commonwealth University, 2020-2023

PERQ Scientific Review Committee, Virginia Commonwealth University, 2018

Mock NIH-grant reviewer, Virginia Commonwealth University, 2017

Grant reviewer, Massey Cancer Center Pilot Projects in Cancer Control and Prevention, Virginia Commonwealth University, 2014, 2017

Member, Cancer Prevention and Control subcommittee of the Protocol Review and Monitoring System, Massey Cancer Center, Virginia Commonwealth University, 2014-2020

Member, RAMCare Project Team, Pediatric Weight Identification and Treatment, Virginia Commonwealth University Health Systems, 2014-17

Panelist, *Careers in Clinical Psychology*, Department of Psychology, Virginia Commonwealth University, 2014

Member, Promotion and Tenure Committee, Lana Sargent, School of Nursing, 2013

Institute for Women's Health - Education Committee, 2010-2016

Elizabeth A. Fries Scholarship Fund, Committee Member, 2005

Service to the School of Medicine

Residency Speed Networking, SOM Pediatrics, Children's Hospital of Richmond at VCU, July 2025

QUEST Grant Panel Coordinator, SOM Population, Community and Women's Health (PCWH), Virginia Commonwealth University, 2024- current

VETAR Grant Review Committee SOM Population, Community and Women's Health (PCWH), Virginia Commonwealth University, 2020- current

Grant Review Committee, SOM Population, Community and Women's Health (PCWH), 2019-present

Expert Judge, M3 Pediatric Debate: Weight Loss Surgery in Adolescents, VCU School of Medicine, February 2015

ABPP Examiner, Dr. Marie LePage, Department of Psychiatry, VCU, 2012

Curriculum Development: Medical School Curriculum on Implementing Brief Behavioral Interventions and Motivational Interviewing, 2011

Representative on Dr. Diane Baer Wilson's tenure promotion committee, 2004

Service to the Department

Member, Search Committee, Biostatistician for the Child Health Research Institute, Department of Pediatrics, Virginia Commonwealth University, 2025

Member, CHRI Retreat Planning Committee, Children's Hospital of Richmond at VCU, 2025

Chair, Search Committee, Executive Director of Research, Department of Pediatrics, Virginia Commonwealth University, 2022

Chair, Search Committee, Pediatric Psychologist, Division of Endocrinology and Metabolism, Virginia Commonwealth University, 2022

Scientific Review Committee, Child Health Research Institute Collaborative Grants, Pediatrics, Children's Hospital of Richmond at VCU, 2021

Member, Search Committee, Department Chair, Department of Pediatrics, Virginia Commonwealth University, 2021

Chair, Search Committee, Pediatric Psychologist, Division of Endocrinology and Metabolism, Virginia Commonwealth University, 2020

Grant Review Committee, Children's Hospital Foundation Pilot Research Fund, 2020, 2021

Chair and Founder, Research Works in Progress, Endocrinology and Metabolism, Virginia Commonwealth University, 2019-present

Chair, Search Committee, Pediatric Psychologist, Department of Pediatrics, Division of Endocrinology and Metabolism, 2019

Member, Pediatric Research Steering Committee, Children's Hospital of Richmond at VCU and Bon Secours Strategic Partnership, 2018-2020

Member, Search Committee, Associate Research Administrator, Department of Pediatrics, Children's Hospital of Richmond at VCU, 2018

Member, Research Workgroup Subcommittee, Children's Hospital of Richmond, 2017-18

Member, Search Committee, Psychologist, Department of Psychiatry, VCU School of Medicine, 2016-17

Member, Search Committee, Pediatric Psychologist, Hematology / Oncology, 2016

Chair, Search Committee, Pediatric Health Psychologist, Healthy Lifestyles Center, 2015

Service to the Community

Evaluation Workgroup, Greater Richmond Fit4Kids, Richmond, VA, 2022

Invited Talk, "Raising Healthy Eaters in an Unhealthy World." St. Bridget School, Richmond, VA, 2017

Invited Talk, "Raising Healthy Eaters: the Role of Early Childhood Education Centers. Weinstein Jewish Community Center, Richmond, VA, 2016

Invited Talk, "Exploring Community Perspectives to Inform Program Development." *Cultural Competency and Humility Workshop*, Greater Richmond Coalition for Healthy Children, Richmond, VA, 2015.

Invited Talk, "Raising Healthy Eaters in an Unhealthy World," RVA Parenting Forum, Commonwealth Parenting, Richmond, VA, 2015

Invited Talk, "Raising Healthy Preschoolers in an Unhealthy World," St. Stephen's Preschool, Parent Enrichment, Richmond, VA, 2014

Vice President, Board of Governors, St. Stephen's Preschool, Richmond, VA, 2014-2017

Member, Chesterfield Schools Wellness Committee, Food and Nutrition Subcommittee, 2013-2014

Invited Panelist, *Childhood Obesity, Where Do We Currently Stand*, Lewis Ginter Botanical Gardens Speaker Series, 2013

Chair, Research and Evaluation Subcommittee, Greater Richmond Coalition for Healthy Children, 2012-2015

Steering Committee, Greater Richmond Coalition for Healthy Children, 2012

Member, Young Leadership Committee, Juvenile Diabetes Research Foundation, 2011

Invited Panelist, Juvenile Diabetes Research Foundation: Next Steps: Transitioning Teens with Type 1 Diabetes, 2011

Facilitated the transition towards a smoke-free Inpatient Psychiatry Unit at the New Mexico VA Health Care System, 2006

Clinical Service

VCU Health and the Children's Hospital of Richmond at VCU; outpatient service in the Healthy Lifestyles Center and Pediatric Endocrinology; 2008-present

Publications

Peer Reviewed Articles

1. Caccavale L, Streisand R, LaRose JG, Wickham EP, Hilliard MW, Thornton LM, **Bean MK**. A Clinic-Based Healthcare Transition Preparation Program for Adolescents and Young Adults with Type 1 Diabetes: Study Protocol for the SHIFT Randomized Clinical Trial. (*in press*)
2. Figueroa R, Perry E, Frederick G, Alvarado M, Adams EA, **Bean MK**. Pass the Expanding Access To (EAT) Local Foods Act to promote Farm Viability and Nutrition Security. *Translational Behavioral Medicine*, 2025, Jan 16;15(1). doi: 10.1093/tbm/ibaf003. PubMed PMID: 39932431
3. **Bean MK**, Mazzeo SE, Thornton L, Raynor HA, de Jonge L, Mendoza A, Farthing S, Moore B. Impact of school salad bars on fruit and vegetable selection, intake, and waste in Mid-Atlantic elementary schools. *International Journal of Behavioral Nutrition and Physical Activity*. 22, 15 (2025). <https://doi.org/10.1186/s12966-025-01713-y> PMCID PMC11800604
4. Tatum K, Garr K, Adams E, Caccavale L, Wickham III EP, LaRose JG, Mazzeo SE, Raynor HA, **Bean MK**. Relation between parent and adolescent weight outcomes within two

parent approaches to family-based adolescent obesity treatment: secondary analyses from the TEENS+ pilot trial. *Pediatric Obesity*, 2025 Jan 7;20(3):e13198. PMCID PMC11803182

5. **Bean MK**, Mazzeo SE, Raynor HA, Thornton L, de Jonge L, Mendoza A, Farthing S. How do school salad bars impact elementary school students' dietary quality and energy intake at lunch? A randomized controlled plate waste investigation. *Nutrients*, 2024, 16(3), 4102, <https://doi.org/10.3390/nu16234102> PMCID PMC11643552
6. St. George SM, Morales V*, Laurie C, **Bean MK**, Figueroa R, Adams EL, Greenthal E. Front-of-Package Nutrition Labeling: Evidence, Global Trends, and US Policy Landscape. *Policy Insights from the Behavioral and Brain Sciences*, in press PMCID In progress
7. Parlier-Ahmad AB*, Ochalek TA*, **Bean MK**, Wolver SE, Carbone S, Islam L, Moeller FG, Martin CE. Sex differences in body mass index among adults receiving buprenorphine for opioid use disorder. *Substance Abuse and Addiction Journal*, 2025 Jul;46(3):541-549. doi: 10.1177/29767342241303220. Epub 2024 Dec 15. PubMed PMID: 39676245.
8. Pham A, Webster Z*, Jackson MI, Thomson M, **Bean MK**, Mazzeo SE, Ahrens K. Using youth-engaged research methods to develop a measure of disordered eating in transgender, non-binary, and gender-diverse youth: research protocol. *PLoS ONE*, 19(11): e0313908. <https://doi.org/10.1371/journal.pone.0313908>, PMCID PMC11578474
9. Bastyr M*, **Bean MK**, Caccavale LJ Wijesooriya R, Adams EL. Directed Content Analysis of Feeding and Growth Discussions During Infant Well-Child Visits. *Clinical Pediatrics*, 2024 Oct 10:99228241287629. doi: 10.1177/00099228241287629.
10. Smith D*, Tatum KL*, Lefbom L*, Moore B, Barnard R, Harnack L, Foster B, **Bean MK**. Stretch your SNAP: Stakeholder Perspectives of Novel Benefits Program. *Preventive Medicine Reports*, 2024, 40, 102676, PMCID: PMC10943996
11. Garr K*, Mendoza A, Mazzeo S, Raynor H, de Jonge L, Tatum K*, Moore B, **Bean MK**. School nutrition personnel perceptions of school salad bars before and after COVID-19. *Nutrients*, 2024, Feb 8;16(4):488. doi: 10.3390/nu16040488. PMCID: PMC10892901
12. Brown KL*, Gokee LaRose J, Raynor HA, Gorin A, Thornton LM, Farthing S, Tatum K*, **Bean MK**. Study design and rationale for TEENS+REACH: evaluating ripple effects of a family-based lifestyle intervention to untreated family members. *Contemporary Clinical Trials Communication*, 2024, 38, <https://doi.org/10.1016/j.conctc.2024.101276> PMCID: PMC10884803
13. Tatum KL*, LaRose Jessica Gokee, Smith DI*, Dunne Stewart M, Theriault E, **Bean MK**. Improving Water Consumption in Underserved Elementary Schools: Implementation and Evaluation of a School-Based Hydration Initiative. *Health Behavior and Policy Review*, 2024, 11(1): 1486-1493.

14. LaRowe L, Frederick G, Figueroa R, Adams E, **Bean M**, Landry M, Nock N. SBM Urges Passage of the RESTORE (Re-Entry Support Through Opportunities for Resources and Essentials) Act. *Translational Behavioral Medicine. In Press*
15. Weinstock M*, Thornton LM, Raynor HA, Mazzeo SE, LaRose JG, Caccavale LJ, Tatum KL, **Bean MK**. Parent involvement approach and changes in eating pathology within an adolescent obesity intervention. *Eating Behaviors*, 2023 December; 51: 101807. PMC10840818
16. **Bean MK**, Gokee LaRose J, Wickham EP III, Raynor HA, Caccavale LJ, Evans RK, Thornton LM, Farthing S, Mendoza A, Mazzeo SE. The Role of Parents in Behavioral Treatment for Adolescent Obesity: Design and Rationale for the TEENS+ Randomized Clinical Trial. *BMC Public Health*. 2023 Aug 4;23(1):1484. PMC10401872
17. Lister L, Jebeile H, Khalid R, Seifler AL, Pryde A, McMaster C, Hunter KE, Baur LA, Paxton SJ, Garnett SP, Ahern AL, Wilfley DE, Maguire S, Sainsbury A, Steinbeck K, Askie L, Braet C, Cooper K, Dammary G, Grunseit AM, Hill AJ, Jones RA, Kyle TK, Heeren FN, Nicholls D, Piya M, Quigley F, Yourell J, Barnes RD, **Bean MK**, Beaulieu K, Bonham; Kerri Boutelle; Braulio Henrique Magnani Branco; Simona Calugi; Kelly Carpenter; Hoi Lun Cheng, Yngvild Danielsen; Katherine Darling, Marcelo Demarzo, Aimee Dordevic, Dawn M. Eichen, Andrea B. Goldschmidt, Riccardo Dalle Grave, Amy Gross, Anja Hilbert, Elissa Jelalian, Mara Lofrano do Prado, Corby K. Martin, Janell L. Mensinger, Carly Pacanowski, Stephanie R. Partridge, Wagner Prado, Sofia M. Ramalho, Hollie A. Raynor, Kyung Rhee, Elizabeth Rieger, Eric Robinson, Vera Salvo, Sharon A. Simpson, Hanna F. Skjakodegard, Marian Tanofsky-Kraff, Rachael W. Taylor, Annelies Van Eyck, Krista A. Varady, Alaina P. Vidmar, Victoria Whitelock, Jack A. Yanovski, Brittany J. Johnson, on behalf of the Eating Disorders In weight-related Therapy (EDIT) Collaboration. Delivery features and intervention strategies of trials in the Eating Disorders In weight-related Therapy (EDIT) Collaboration: intervention coding protocol. *Plos One*. 2023. 18(7): e0282401. <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0282401>
18. Cotter EW*, Kerrigan D, Sibinga EMS, **Bean MK**, Corona R, Mallow EJ. Rationale and Protocol for ATIENDE: A Mindful Parenting Intervention in Latina Women with Children at Risk for Obesity. *Contemporary Clinical Trials Communication*. 2023 Aug; 34: 101171. PMC10336400
19. Dugger R*, Weaver RG, **Bean MK**, Brickhouse TH, Brice P, Siceloff B, Armstrong B, Beets M, Adams EL*. Reducing poverty and building capacity- child and family impacts of the Child Tax Credit Expansion. *Journal of Policy Practice and Research*. 2023; 4:238-260. PMCID pending
20. **Bean MK**, Adams EL, Buscemi J. Free healthy school meals for all as a means to advance child health equity. *JAMA Pediatrics*. 2023 Jun 26. doi: 10.1001/jamapediatrics.2023.1955 PMID 37358872

21. Ogland-Hand C, Ciesielski T, **Bean MK**, Nock N. Food insecurity and nutritional challenges in adolescent and young adult cancer survivors. *Nutrients*. 2023 Apr; 15(7): 1731. PMCID: PMC10096609
22. Jebeile H, Lister L, Libesman S; Hunter K; McMaster C; Johnson B; Baur L; Paxton S; Garnett S; Ahern A; Wilfley D; Maguire S; Sainsbury A; Steinbeck K; Askie L; Braet C; Hill A; Nicholls D; Jones R; Dammery G; Grunseit A; Cooper K; Kyle T; Newsome F; Quigley F; Barnes R; **Bean M**; Beaulieu K; Bonham M; Boutelle K; Henrique Magnani Branco B; Calugi S; Cardel M; Carpenter K; Cheng HL; Dalle Grave R; Danielsen Y; Demarzo M; Dordevic A; Eichen D; Goldschmidt A; Hilbert A; Houben K; Lofrano do Prado M; Martin C; McTiernan A; Mensinger J; Pacanowski C; Prado W; Ramalho S; Raynor H; Rieger E; Robinson E; Salvo V; Sherwood N; Simpson S; Skjåkødegård H; Smith E; Partridge S; Tanofsky-Kraff M; Taylor R; Van Eyck A; Varady K; Vidmar A; Whitelock V; Yanovski J; Seidler AL. (*in press*). Eating Disorders In weight-related Therapy (EDIT): Protocol for a systematic review with individual participant data meta-analysis of eating disorder risk in behavioural weight management. *Plos One*. 2023 Jul 10;18(7):e0282401. doi: 10.1371/journal.pone.0282401 PMID pending. PMC10332604
23. **Bean MK**, Raynor HA, Thornton LM, deJonge E, Mazzeo SE. Design and rationale for evaluating the impact of salad bars on elementary school students' fruit, vegetable, and energy intake: a wait list control, cluster randomized controlled trial. *BMC Public Health*. 2022; 22: 2304. PMCID PMC9733053
24. Caccavale LJ*, LaRose JG, Mazzeo SE, **Bean MK**. Development and implementation of a pilot transition preparation intervention for young adults with type 1 diabetes in an integrated healthcare setting. *Journal of Pediatric Psychology*. 2023; March 20;48(3):228-240. PMC10027053
25. Adams EA*, Caccavale LJ, Smith D*, **Bean MK**. Food insecurity, federal nutrition support, and parent feeding practices during COVID-19: A 1-year follow-up study. *Public Health Reports*. 2023 Mar-Apr; 138(2): 323–332. PMC9692184
26. Adams E, **Bean M**, Dugger R, Brickhouse T. Patterns of Food Security and Dietary Intake Among Children Across the U.S. Child Tax Credit Expansion. *Curr Dev Nutr*. 2022 Jun 14;6(Suppl 1):188. doi: 10.1093/cdn/nzac048.002. PMCID: PMC9193740.
27. LaRose JG, Leahey T, Lanoye A*, **Bean MK**, Fava JL, Tate DF, Evans RK, Wickham EP III, Hederson M. Lifestyle intervention to promote cardiometabolic health in emerging adults: The Richmond Emerging Adults Choosing Health (REACH) randomized clinical trial. *JAMA Open Network*. 2022 Sep; 5(9): e2231903. PMCID PMC9486452
28. Adams EL*, Brickhouse T, Dugger R*, **Bean MK**. (2022) Patterns of food security and children's dietary intake during the first half of the U.S. Child Tax Credit expansion. *Health Affairs*, 41 (5):680-688. PMID 35500174
29. Adams EA, Caccavale LJ, LaRose JG, Raynor HA, **Bean MK***. (2022) Home food environment changes and dietary intake during an adolescent behavioral weight loss

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2. Garr, K., Thornton, L. M., Raynor, H. A., & **Bean, M. K.** How does reverse recess relate to elementary students' diet quality, energy intake, and food waste? A plate waste investigation. Manuscript under review at International Journal of Behavioral Nutrition and Physical Activity.

3. Savidge M*, **Bean M**, Caccavale L, Wijesooriya R, Adams E. A Directed Content Analysis of Discussions Between Mothers and Pediatricians Around Movement Behaviors During Infant 2-, 4-, and 6-Month Well-Child Visits. (under review)
4. Adams EA, Savidge M, Reesor-Oyer L, Draper C, Anderson-Steeves E, **Bean MK**, Figueroa R, Stephenson K, Weave RG, Armstrong B, Beets M, Burkart S. (under revision) Feasibility of the Veggie Vouchers Intervention to Promote SNAP Fruit and Vegetable Incentive Program Use for Families with Food Insecurity: A Single Arm Pilot Study. *Pilot and Feasibility Studies*
5. St. George SM, Frank B, Orakash S, Chong-Yen C, Sonik N, Figueroa R, **Bean MK**, Landry M, Adams EA. (under revision). SBM Supports Mandatory Front-of-Package Nutrition Labeling to Promote Healthier Food Purchasing. *Translational Behavioral Medicine*
6. Hollon H, **Bean MK**, Lanning DA, Wijesooriya NR, Kang L, Wickham EP III. (under revision). Approach of Pediatricians to the Management of Severe Obesity. *Clinical Pediatrics*
7. Adams EA, Krovi A, Berquist A, Mosher P, Dugger R, Brickhouse TH, **Bean MK**. Perceived impacts of expanded Child Tax Credit cessation: a comparison among lower and higher income families. (under review). *Public Health*
8. Natalie B. Lister, Rabia Khalid, Isabelle R. Jardine, Samantha Pryde, Hannah Melville, Anna L. Seidler, Kylie E. Hunter, Amy L. Ahern, Louise A. Baur, Caroline Braet, Sarah P. Garnett, Andrew J. Hill¹¹, Sarah Maguire^{2,12}, Dasha Nicholls¹³, Susan J. Paxton¹⁴, Milan K. Piya^{15,16}, Amanda Sainsbury¹⁷, Katharine Steinbeck¹, Denise E. Wilfley¹⁸, Kelly Cooper¹⁹, Genevieve Dammery^{2,12}, Alicia M. Grunseit⁸, Faith Anne N. Heeren²⁰, Rebecca A. Jones^{7,21}, Theodore K. Kyle²², Fiona Quigley²³, Molly Robbins²⁴, Jacqlyn Yourell²⁵, Melanie K. Bean²⁶, Maxine P. Bonham²⁷, Kerri N. Boutelle²⁸, Michelle I. Cardel^{20,21}, Katherine E. Darling^{29,30}, Aimee L. Dordevic²⁷, Dawn M. Eichen²⁸, Leonard H. Epstein³¹, Andrea B. Goldschmidt³², Elissa Jelalian^{29,30}, Mara Cristina Lofrano-Prado³³, Tiffany Naets^{9,34}, Wagner L. Prado³⁵, Hanna F. Skjåkødegård^{36,37}, Yngvild Sørebo Danielsen^{38,39}, Richard I. Stein¹⁸, Marian Tanofsky-Kraff, Annelies Van Eyck, Alaina P. Vidmar, Jack A. Yanovski, Brittany J. Johnson*, Hiba Jebeile*, On behalf of the EDIT Collaboration (under revision) Components of adolescent behavioural interventions with eating disorder outcomes: systematic review with intervention coding. *Pediatric Obesity*
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Lay Press Interviews, Publications, Research Mentions

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Interview, *Virginia Commonwealth University News*, "The Power of Motivational Interviewing", September, 2012

Professional Development Activities (Selected)

Advanced Research Mentoring, Level 1, 2025

Mid-Career Leadership Institute, Society of Behavioral Medicine, 2024

Training of New Trainers (TNT), Motivational Interviewing Network of Trainers, Atlanta, GA, 2014

Motivational Interviewing Skills to Promote Behavior Change, Charlottesville, VA, 2014

Motivational Interviewing Health Coaching Webinar Series, 2013

Eating Disorder Examination/Child Eating Disorder Examination Training, 2011

Developing and Sustaining Pediatric Obesity Program, Webinar, 2010

Brief Motivational Interviewing Interventions, Webinar, 2009

Motivational Interviewing, 2-day training, Richmond, VA, 2008

NIH Grant Writing Workshop, School of Medicine, Virginia Commonwealth University, 2008

Sleep Disorders across the Lifespan, Virginia Commonwealth University, 2007

"Show Us the Money: Unlocking the Doors to Funding for Women's Health," Grant Workshop, Richmond, VA, 2005

NIH Grant Writing Workshop, Virginia Commonwealth University, 2005

Center for Advancement of Research Methods and Analysis (CARMA) Statistical Workshop: Interactions with Categorical Variables in Multiple Regression Analyses, Richmond, VA, 2004

Girls on the Run National Council Director Training, Charlotte, NC, 2004

Personal Statement

I am a licensed clinical psychologist and behavioral scientist with a programmatic line of research in the conduct of randomized clinical trials (RCTs) for obesity treatment from childhood through emerging adulthood, with particular expertise in the adolescent development period, and nutrition and obesity policy investigations to reduce systematic health inequities. My clinical focus is on providing evidence-based, sensitive, and culturally

appropriate care to children and families with obesity, with my clinical niche in serving adolescents seeking bariatric and metabolic surgery.